

The Londoner



**The magazine of HASSRA London
ISSUE 48 SPRING 2018**

Welcome to The Londoner

Welcome to the 48th edition of The Londoner

The Londoner is the official magazine of the London Region of HASSRA, the sports and social organisation for all staff in the Department for Work and Pensions, Department of Health and the Food Standard Agency plus all of their Agencies as well as retired and associate members from those Departments or their predecessors.

Thanks to everyone who sent in contributions for this issue. I have (hopefully!) credited them at the appropriate place. Articles are invited for future editions of The Londoner. All contributions and Suggestions gratefully received. The next issue will be out in June 2018. Please send any contributions to me by 20th April for inclusion in the next issue. Please send contributions (including photographs where possible) to the Editor.

The Londoner Editor

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ALL CHANGE AT HASSRA

Due to reorganisation at HASSRA National level, we no longer have the services of Ray Allen, our Regional Business Partner for the last few years.

General enquiries concerning **HASSRA London** matters can be made via

hassra.london@dwp.gsi.gov.uk

Enquiries in National HASSRA matters can be made HASSRAANDCOMMUNITY10000@DWP.GSI.GOV.UK

COVER PICTURE



Paddington Bear
See page 14

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HASSRA LONDON CALENDAR OF EVENTS

DATE	EVENT	LOCATION
APRIL 2018		
Thursday 19 th May	Wine Club Meeting	
MAY 2018		
Thursday 17 th May	HASSRA National Conference	Warwick University
Thursday 17 th May	Wine Club Meeting	
Friday 18 th May	Golf Day	Toot Hill Golf Club
Thursday 31 st May	Sports Quiz	Union Jack Club Waterloo
Thursday 31 st May	General Knowledge Quiz	Union Jack Club Waterloo
JUNE 2018		
Wednesday 13 th June	HASSRA London Sports Day	NPL Sports Ground Teddington
Thursday 14 th June	Golf Day	Silvermere Golf Club
Thursday 21 st June	Wine Club Meeting	
JULY 2018		
Saturday 7 th July	HASSRA National Festival	Warwick University
Thursday 19 th July	Wine Club Meeting	
Monday 23 rd July	Golf Day	Westerham Golf Club
Tuesday 31 st July	Intermediate Golfers Day	Horton Park Golf Club
AUGUST 2018		
SEPTEMBER 2018		
Saturday 8 th September	HASSRA National Festival	Warwick University
Thursday 20 th September	Wine Club Meeting	
OCTOBER 2018		
Friday 19 th October	Wine Club Meeting	
NOVEMBER 2018		
Thursday 15 th November	Wine Club Meeting	
DECEMBER 2018		
Tuesday 11 th December	Wine Club Meeting	

National HASSRA's photos are now available online!



You can now view images from HASSRA's national events on our Flickr page. Events currently available to view are the National AGMs 2015, 2016 & 2017, National Awards Dinners 2015, 2016 & 2017 and all National Festivals from 2015, 2016 and 2017.

To view the photos, go onto the HASSRA website and follow the link or log on to:

www.flickr.com/photos/hassra_national/albums

For optimum viewing, it is recommended that members use non-Departmental equipment



HASSRA
Bringing leisure to life



CONGRATULATIONS

Since the last edition of The Londoner, these London members have won prizes in the HASSRA Lottery

£12,500

No London winners of the top prize this time

£2,500

Harsharon Kaur Poplar
A Winner Canning Town

£1,000

A Winner Hounslow
A Winner Lewisham
Martin Snooks Woolwich
Lorraine Dowe Hackney
Mandy Pomfrett Edmonton
Tracey Elliott Caxton House
Sarah Norman Bromley

£500

Roshney Mistry Willesden
A Winner North Kensington
Lesley Ramm Retired
Margaret Blanka Bromley
Nikaesh Rattan Willesden
Shehnaaz Mohaiyuddin Tooting
A Winner MHRA
Sarah Ives St Marylebone

£250

Huw Edwards Wellington House
A Winner Purley
Grace Hall Leytonstone
Elaine Fisher Palmers Green
Cyret White Willesden
Rakhee Sachdev Wembley DRT
A Winner Ilford
Ron Alligan Caxton House
Marlene Anim Finsbury Park

Those named A Winner are either unaware of their win, or have opted for No Publicity.

From January 2016, the monthly prize draw changed to one top prize of £12,500, four prizes of £2,500, 15 prizes of £1,000, 25 prizes of £500 and 20 prizes of £250.

An application form for the HASSRA lottery can be found on the HASSRA website. www.hassra.org.uk. A full list of each month's winners can also be found on the website.

Answers inside back cover

- 1 Who was the Manager of Manchester City immediately before Pep Guardiola?
- 2 What is the name of the murder victim in the UK version of Cluedo?
- 3 Who are known as El Gordo y el Flaco in Italy?
- 4 Which is the largest planet in the Solar System?
- 5 In what was Alexander Waverley number one?
- 6 By what name are Blue Ribbon Sports now known?
- 7 Jack P Sheppard plays which role in Coronation Street?
- 8 Where can you find the Foaming Sea, Smyth's Sea and the Serpent Sea?
- 9 Western House, Great Portland Street is now called what?
- 10 What is the Royal Navy's only current aircraft carrier?

POP QUIZ

Answers inside back cover

- 1 What was the nickname of drummer Colin Trevor Powell?
- 2 What was The Monkees only UK number 1?
- 3 Who wrote the song Walk On By that was a hit for Dionne Warwick and The Stranglers?
- 4 Shakira was born in which country?
- 5 Alison Moyet first came to prominence in which band?
- 6 Who replaced Paul Jones in Manfred Mann?
- 7 Ice Ice Baby by Vanilla Ice sampled which other song?
- 8 Which band took their name from the gang in the Marlon Brando film The Wild One?
- 9 Which member of the Jackson 5 did not join The Jacksons?
- 10 Who played with Little Richard, The Beatles, The Rolling Stones, Luther Vandross and Whitney Houston?



APH are offering HASSRA members additional discounts of up to 15% on their already excellent deals on airport parking and hotels nationwide. With additional offers also available on No1 Traveller Lounges, it's well worth checking what they can do for you! Call APH on 01342 859 536 and quote the relevant code which is available from the HASSRA Online Shop.

Register with the HASSRA Online Shop now! All of our tickets, prices and discount codes are available to HASSRA members via our online shop 'Offers' page. This ensures we keep our special offers safe and exclusive to you.

SUDUKO

Solution inside back cover

	4	5	1					
				3				8
				2			7	3
	2	9	7					4
8					1	3	6	
1	8			6				
7				5				
					4	6	9	



The Charity for Civil Servants is the principal occupational charity for all current and former Civil Servants and employees of associated organisations. Formerly known as The Civil Service Benevolent Fund, the charity is there to help people who work, or have worked, in the Civil Service and their dependants – whether they were a civil servant for a short time or their whole working life.

Whether it's reducing stress, handling debt, managing caring responsibilities, mental health and wellbeing issues, relationship breakdown, bereavement, retirement and residential care advice, dealing with an emergency or helping you enjoy a better quality of life.

They offer financial assistance and service related support on a wide range of issues such as the Carer's Passport and money and debt advice – as well as giving information on how to access the right information and support for retirement and residential care. Whether you require help, wish to make a donation or volunteer your time, they'd love to hear from you.

Visit the website www.foryoubyyou.org.uk which outlines the support they offer, how you can become involved (either by fundraising or volunteering) and personal stories of civil servants across the country they've helped through life's unexpected challenges. You can also contact them on 0800 056 2424.

CROSSWORD

SOLUTION INSIDE BACK COVER

1		2		3			4		5		6
7			8					9			
		10					11				
12	13			14					15	16	
17									18		
				19							
20	21								22	23	
24			25		26	27		28			
29					30					31	
		32			33			34	35		
36											

Across

- 1 Capital of the United States (10,1,1)
 2 Facilities for washing clothes (12)
 10 '--- Wallach' actor (3)
 11 Modellers acronym meaning 'ready to run' (3)
 12 Record label home to Prince and Rod Stewart (3)
 14 Look after (4)
 16 Poetic before (3)
 17 Tree (3)
 18 Morse code E (3)
 19 Dorothy's dog (4)
 20 Radio cricket show (3)
 22 'Bertie ---' ex-Arsenal manager (3)

- 24 North African arid area (6,6)
 29 Television resolution (2)
 30 Prefix denoting two (2)
 31 Sun God (2)
 32 Negative (2)
 32 French for The (2)
 33 In the year of the Lord (2)
 34 Two way radio (6,6)

Down

- 1 Cowboy based circus (4,4,4)
 2 Upset by unpleasant sights (9)
 3 Car direction signal (9)
 4 Ergo (9)
 5 Site for Quasimodo's bell ringing (5,4)
 6 Outmoded music storage item (8,4)

- 8 Dutch website suffix (2)
 9 Isle of Man motorbike races (1,1)
 13 Superman's Kryptonian surname (2)
 16 '---Laren' Star Trek Ensign (2)
 21 American humour magazine (3)
 23 Make a mistake (3)
 25 Wild and uncontrolled (4)
 26 Having the ability (4)
 27 Lose weight (4)
 28 Aquatic mammal (4)
 32 Dutch vehicle registration code (2)
 35 Publishing company (2)



ENGLISH HERITAGE



PLEASE NOTE

The current corporate deal with English Heritage ends on 31 March 2018.

Thousands of members and their families have enjoyed privileged access to some of England's most cherished heritage sites since we teamed up in February 2012. This arrangement will end on 31st March 2018 but happily will be replaced with a new deal.

From 1st April 2018 HASSRA members can enjoy full English Heritage membership at a fraction of the normal cost.

English Heritage members can enjoy:

- Unlimited access to over 400 historic places for a whole year.
- An award winning Members' Magazine delivered four times a year.
- A complimentary full colour handbook worth £10.95
- Exclusive offers throughout the year.
- Free or reduced price entry to hundreds of historic events.

Details of all English Heritage sites can be found at www.english-heritage.org.uk Check out the full details of the new English Heritage agreement on the HASSRA online Shop.

WILDFOWL AND WETLANDS TRUST



PLEASE NOTE

HASSRA'S arrangement with WWT changed from 1st June 2017.

We now have a revised deal for discounted WWT tickets which will be further subsidised by HASSRA.

Tickets will be priced at £2 each and can be used at Wetland Centres until 31st August 2018.

There are a limited number of tickets which are available from the HASSRA online shop.

Members are restricted to one application per months with a maximum number of 10 tickets per application.

Full details of all the Wetland Centres can be found at www.wwt.org.uk

Please note: You don't need to purchase tickets for WWT Steart as it's already free.

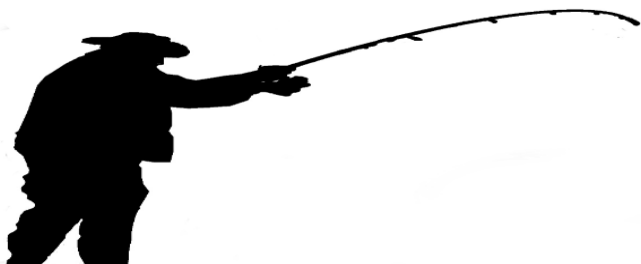


HASSRA ONLINE SHOP

All of our tickets, prices and discount codes are available to HASSRA members only via our online shop 'Offers' page. This ensures we keep our special offers safe and exclusive to you. Visit www.hassrashop.org.uk to open your account. Registration may take up to five working days. So don't delay.

HASSRA strongly recommends that members do not use departmental computers to place orders. This is because our payment system uses the highest level of security which contacts the customer's credit/debit card supplier at the point of purchase in real time. Departmental firewalls can block or 'time-out' this process, impeding or preventing your transaction.

HASSRA LONDON ANGLING CLUB



Are there any HASSRA members who used to go fishing with their mates before they discovered more interesting things in life? Now that you've all grown up do you find yourselves secretly recording or even watching fishing programmes on TV? Do you yearn for a sunny day on the bank?

Well did you know HASSRA London has its own Angling Club which will be entering its 32nd year? We organise 6 coarse fishing matches a year which are used to select 3 anglers for the National Championships, we have an annual inter-Regional team event and we've just started organising fly fishing, again with a National Competition event. So don't just sit there.

Dig out your old tackle and come along to one of our matches for a taster of completely unprofessional match fishing with laughs, banter and the occasional pre-match breakfast and post-match pint.

For further information please contact:

ian.grist@food.gov.uk
michael.harding@food.gov.uk

HASSRA LONDON WINE CLUB



The HASSRA London Wine Club has a membership drawn from all of HASSRA's associated Departments. The Club meets each month to try wines from different parts of the world.

We meet at different locations in Central London – including Caxton House and Wellington House – to taste and discuss wine. Each event takes about 2 hours. We have a short presentation about each of the wines as we drink them.

All regular meetings are on the 3rd Thursday of each month (The exceptions are March – 3rd Wednesday, October 3rd Friday and December 2nd Tuesday. There are no meetings in March and August).

We aim to start each tasting at about 6pm and finish by 8-30pm. A presenter talks about the wines (usually between 8 and 10 wines) as we try them (yes we do get to drink them). People are encouraged to discuss the wines and give feedback to the presenter – no prior knowledge is required, there isn't a test! The club also provides a cold buffet included in the cost of each event. Most events cost about £13-50 for HASSRA members if they also join the wine club. A higher charge is made to non-Club members.

In addition to the regular meetings we occasionally hold "special" tastings. These are at a higher cost but feature rare or more expensive wines. In 2014 we held a vertical tasting of five vintage Krug champagne.

So if you are interested in trying a wine tasting, contact Donna McInnes to get on our e-mailing list and get exclusive advance notification of the wines on offer each month
Donna.McInnes@dh.gsi.gov.uk

FINAL SCORES FOR THE 2017 SEASON



Do you already play golf? Or would you like to improve your game or just learn how to play?

Why not come along to one of the HASSRA London Golf Society's golf days. The Society runs days for more seasoned golfers (you do not have to have a handicap to attend one of these days, we just ask that you know how to play the game and have an understanding of the etiquette and rules of golf). We also hold Beginner / Improver Days for the player who is just starting out, and an Intermediate Day, which is specifically for players who are past the beginner stage, but may still find the prospect of taking part in a full Society Day a bit daunting.

Most of these days comprise an individual event and/or a team event, and will include a light lunch and sandwiches at the end of the day. These days are great occasions and we encourage players of all standards, both men and women, to come along.

If you would like to join us and play some really good golf courses with a subsidy from HASSRA, please contact Andy French on 07766 246405.

Date	Venue
Mon 26th March	Cherry Lodge Golf Club Biggin Hill, Kent
Fri 18 th May	Toot Hill Golf Club Toot Hill, Ongar, Essex.
Thurs 14 June	Silvermere Golf Club Cobham, Surrey,
Monday 23 July	Westerham Golf Club Westerham, Kent
Mon 26th March	Cherry Lodge Golf Club Biggin Hill, Kent
Fri 18th May	Toot Hill Golf Club Ongar, Essex
Thurs 14th June	Silvermere Golf Club Cobham, Surrey
Mon 23th July	Westerham Golf Club Westerham, Kent

	Bletchingley	Tyrells Wood	Thorndon Park	Bushey Hall	Horton Park	Sth Bucks	Surrey Downs	Total
Kevin Williamson	0	7	10	11	0	12	9	42
Gary Arnold	8	0	12	11	7	0	8	39
Shaun Bausor	6	6	0	0	12	3	12	36
Andy French	0	3	11	8	10	1	6	35
Steve James	8	8	0	5	0	11	0	32
Arun Patel	10	3	7	8	0	0	0	28
Rob Leach	0	12	0	0	0	7	2	21
Neil Stephens	0	0	7	6	0	6	0	19
Marc Gunby	0	0	5	12	0	0	0	17
Paul Rowing	0	3	0	5	9	0	0	17
Stuart van-Horne	0	12	5	0	0	0	0	17
Shuba Karan	0	6	0	0	0	10	0	16
Tom Younger	0	0	0	5	0	0	11	16
Nick Reeve	0	6	0	0	4	5	0	15
Ashley Sawyer	0	0	5	0	0	0	10	15
Nigel Parkinson	0	3	1	5	0	0	4	13
Alex Mackenzie	12	0	0	0	0	0	0	12
Steve McCabe	3	0	0	0	0	9	0	12
Francis Kearns	0	0	0	0	11	0	0	11
Chris Owen	0	0	0	11	0	0	0	11
Nick Tonks	11	0	0	0	0	0	0	11
Kevin Lee	0	0	9	0	0	2	0	11
Ian Beecroft	0	10	0	0	0	0	0	10
Trevor Dunnion	0	3	0	0	7	0	0	10
Mike Levett	10	0	0	0	0	0	0	10
Terry Fletcher	0	9	0	0	0	0	0	9
David Shepherd	0	0	0	0	9	0	0	9
Laurence Vare	0	0	9	0	0	0	0	9
Gary Mitchell	5	0	0	0	0	4	0	9
Raj Mohindra	0	3	5	0	0	0	0	8
Alan Manning	0	0	0	0	0	8	0	8
Chris Wood	3	0	0	0	4	0	0	7
Andy Beal	0	0	0	0	0	0	7	7
Leon Ranson	0	0	0	5	0	0	1	6
Gary Clements	5	0	0	0	0	0	0	5
B Hesmondhalgh	0	0	0	0	5	0	0	5
Graham Try	0	0	0	0	0	0	5	5
Jez Cogle	3	0	0	0	0	0	0	3
Baz Haque	0	0	0	0	0	0	3	3
Chris Chantler	0	0	0	0	2	0	0	2
Paul Richardson	0	0	0	0	2	0	0	2

Exclusive golf deals, available to HASSRA members are shown on page 20.

Details of the Intermediate Golfers Day are on page 29.



HASSRA

London

You can find HASSRA London on Social Media sites



Find us on Facebook

Search for 'HASSRA London'. It is a closed group so contents can only be viewed by members. Don't forget to also invite your work colleagues to join.

Follow us on Twitter @london_hassra



Log on to both to see information on events, offers, competitions and latest news

PICTURE QUIZ

Can you name these famous pipe smokers?

Answers inside back page



SWIMMING



HASSRA are looking for Swimmers to join our team at the Civil Service Sports Council, National Swimming, Diving, Lifesaving and Water Polo Championships 2018. The Championships will be held at Ponds Forge, Sheffield on 10 & 11 May 2018. To participate you must be both a member of HASSRA and CSSC.

Hotel accommodation will be supplied and expenses paid if selected. Subject to management agreement, time off may be granted. If you were or are a club swimmer and may be interested please have a look at last year's results on the CSSC website. It may give you confidence! Looking for results?

You will find results and photos from previous years at [www.cssc.karoo.net/cssc asa results](http://www.cssc.karoo.net/cssc_asa_results). Swimming events are for men and women in both open, masters and veterans events. Trophies are awarded on an individual, team and at departmental / club level. If you are interested please feel free to contact our team manager, Nick Valentine nick.valentine@dwp.gsi.gov.uk or locally you can contact one of the swimmers: Geoff Goodwin GEOFF.GOODWIN@DWP.GSI.GOV.UK Frances Wilson Frances.wilson1@dwp.gsi.gov.uk or Colin Meadows colin.meadows@dwp.gsi.gov.uk



BRITANNIA HOTELS

Britannia Hotels are the UK's Finest Collection of Historic and Iconic Hotels.

Check the HASSRA Online Shop for the discounts available for HASSRA members.

NATIONAL FESTIVALS

The 2018 National HASSRA Festivals will be held on Saturday 7th July 2018 and Saturday 8th September 2018 at Warwick University. The events for each day are listed below. Where possible, qualifying events will be held to select London's representatives. Expressions of interest will be invited where qualifying events are not possible. Look out for more details shortly for qualifying competitions.

July 2018 Events	Participants
Badminton	2m 2L
Bowls Flat Green *	1 M, 1 L, 1 Pair (any)
Coarse Angling *	3
Drama	9
Men's 5 a side	7
GK Quiz	4
Rounders	11
Tennis	2m 2L
Squash	2 (any)
Fly Fishing *	3
Archery	2
Foot Golf *	2
Articulate	3
10 km Race	2
Craft Event (Card making)	2

September 2018 Event	Participants
Art *	2
Darts	1 M, 1 L, 1 Team of 3 (any)
Golf *	2m 2L
Music	3
Netball *	11
Photography	2
Pool *	1 M, 1 L
Sports Quiz	4
Table Tennis	2m 2L
Ten Pin Bowling *	2m 2L
Snooker *	1
Bowls Crown Green *	2 Singles, 2 Pair (any)
Mixed Touch Rugby	8
Gaming	2
Dance Workshop	2
Chess	1



HASSRA members can get 10% discount in any St Austell Brewery managed pubs. The discount will be taken off at the till when you show your HASSRA membership card.

The pubs that are available are:-

Atlantic Hotel, St Mary's, Isles of Scilly, Cornwall
 Atlantic Inn, St Mary's, Isles of Scilly, Cornwall
 Central Inn, 11 Central Square, Newquay, Cornwall
 County Arms, Highertown, Truro, Cornwall
 Fort Inn, 63 Fore Street, Newquay, Cornwall
 The Globe, Fore Street, Topsham, Exeter
 Great Western Hotel, Cliff Road, Newquay, Cornwall
 Harbour Inn, Commercial Road, Porthleven, Cornwall
 Holmbush Inn, Holmbush Road, St Austell, Cornwall
 Hope & Anchor, Hope Cove, Kingsbridge, Devon
 Lifeboat Inn, Wharf Road, St Ives, Cornwall
 Masons Arms, Branscombe, Seaton, Devon
 Old Custom House, South Quay, Padstow, Cornwall
 Old Market House, The Quay, Brixham, Devon
 Old Success Inn, Sennen Cove, Cornwall
 Oystercatcher Bar, Polzeath, Wadebridge, Cornwall
 Pedn-Olva Hotel, St Ives, Cornwall
 Port William, Trebarwith Strand, Tintagel, Cornwall
 Rashleigh Arms, St Austell, Cornwall
 Ship Inn, Mousehole, Penzance, Cornwall
 The Ship, The Barbican, Plymouth, Devon
 Shipwrights, North Quay, Padstow, Cornwall
 Three Crowns, High Street, Chagford, Devon



Civil Service Insurance Society

CSIS (Civil Service Insurance Society) offers great deals for HASSRA members on their motor and home insurance. Why not give them a call on 0845 607444 or visit the CSIS website www.csis.co.uk/hassra to see how much you could save



Established over 65 years ago, The Original Tour is the first and largest operation of its kind in the world. Ride their traditional red double-decker buses and enjoy the entertaining commentary from English-speaking guides or digitally recorded commentaries in eleven languages. Tickets are valid for a day, 24 hours or 48 hours on the hop-on hop-off service with over 80 stops on three tour routes. 24 hour and 48 hour tickets include a fantastic free hop-on hop-off Thames Cruise and exclusive Kids' Club. Tickets are valid for a day, 24 hours or 48 hours

Look on the HASSRA Online Shop for the HASSRA member's promotional code for your discounted rates.



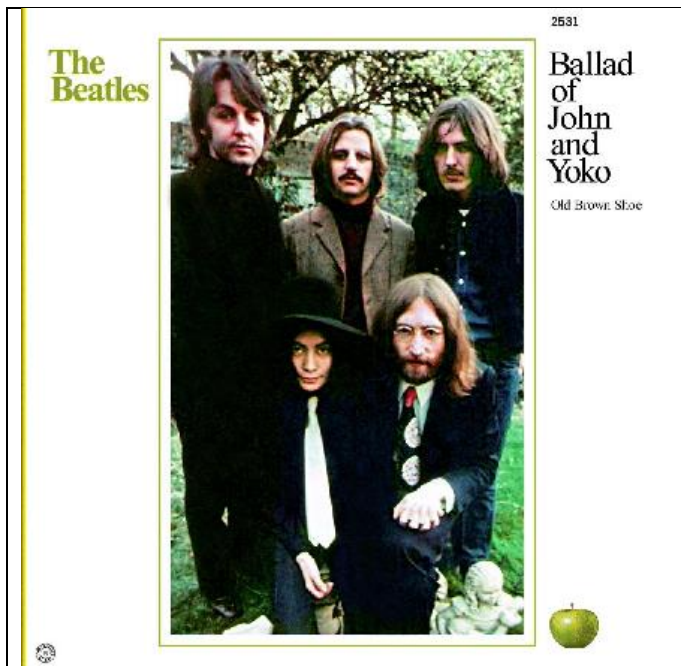
Book a Warner Leisure Hotels break as a HASSRA Privilege Holiday Club member. Save up to £350* per room and an extra £10 off per person per break. You can also take advantage of half price holiday protection plan. Deposit of only £65 per person*. No booking fees and no credit card charges. *Terms and conditions apply
 Remember, every Warner break includes:

- Delicious buffet breakfasts
- Three-course evening meals
- Fantastic live entertainment every evening
- Range of exciting activities
- Full use of leisure facilities
- Just for grown-ups!

Check out the HASSRA Online Shop for full details and the booking code

THE STORY BEHIND THE SONG

THE BALLAD OF JOHN & YOKO By THE BEATLES



"The Ballad of John and Yoko" is a song written by John Lennon but credited to Lennon and McCartney as was their agreement at that time. The song was written about the events around Lennon's marriage to Yoko Ono.

John and Yoko were being driven to Poole in Dorset on 14 March 1969 to visit John's Aunt Mimi when they decided to get married. John asked his chauffeur Les Anthony to go to Southampton and ask about the possibility of them getting married at sea.

After learning that this was not possible, Lennon decided to go to Paris, and called his office to arrange a quiet wedding there. Beatles assistant Peter Brown discovered that getting married in Paris on such short notice was impossible, but that they could marry in Gibraltar, because it was a British protectorate, and Lennon was a British citizen.



After the wedding, John and Yoko went to Amsterdam for their honeymoon and invited the press to join them in their room for a "bed-in" as a protest against the Vietnam War. They later held further bed-ins in Vienna and Montreal. They also sent acorns to the heads of state in various countries around the world in hopes that they would plant them as a symbol of peace



The line "The way things are going, they're going to crucify me" refers to the reaction Lennon received to an interview in 1966 when he said The Beatles were more popular than Jesus. The line 'Christ you know it ain't easy' resulted in the song being banned by the BBC and many US radio stations. The mention of Gibraltar being 'near Spain' resulted in the song being banned in Spain where they claim 'the rock' as their own.

THE BALLAD OF JOHN AND YOKO
Written by John Lennon and Paul McCartney

The song was recorded in one day on 14 April 1969. Only Lennon and McCartney appeared on the recording as George Harrison was on holiday while Ringo Starr was filming *The Magic Christian*.

Paul McCartney played drums on the track in Ringo's absence. He had previously played drums on the tracks *Back In The USSR* and *Dear Prudence*.

The song was produced by George Martin and engineered by Geoff Emerick.



The song was released 30 May in the UK and 4 June in the US. Despite the BBC ban, the song reached number one in the UK as well as in Australia, Ireland, Germany, Austria, Belgium, Norway, Switzerland and Holland. It only reached number 8 in the US but still sold a million copies.



Standing in the dock at Southampton
Trying to get to Holland or France
The man in the mac said, "You've got to go back"
You know they didn't even give us a chance

Christ you know it ain't easy
You know how hard it can be
The way things are going
They're going to crucify me

Finally made the plane into Paris
Honeymooning down by the Seine
Peter Brown called to say
"You can make it OK
You can get married in Gibraltar, near Spain"

Christ you know it ain't easy
You know how hard it can be
The way things are going
They're going to crucify me

Drove from Paris to the Amsterdam Hilton
Talking in our beds for a week
The newspapers said, "Say what you doing in bed?"
I said, "We're only trying to get us some peace"

Christ you know it ain't easy
You know how hard it can be
The way things are going
They're going to crucify me

Saving up your money for a rainy day
Giving all your clothes to charity
Last night the wife said
"Oh boy, when you're dead
You don't take nothing with you
But your soul, think!"

Made a lightning trip to Vienna
Eating chocolate cake in a bag
The newspapers said, "She's gone to his head
They look just like two gurus in drag"

Christ you know it ain't easy
You know how hard it can be
The way things are going
They're going to crucify me

Caught an early plane back to London
Fifty acorns tied in a sack
The men from the press said, "We wish you success
It's good to have the both of you back"

Christ you know it ain't easy
You know how hard it can be
The way things are going
They're going to crucify me
The way things are going
They're going to crucify me

HISTORIC ROYAL PALACES



HASSRA has teamed up with Historic Royal Palaces to provide FREE Corporate Membership for all members

The HASSRA Corporate Membership of HRP has been extended to 30 June 2018

Our great deal gives HASSRA members plus three guests free entry to

**The Tower Of London
Banqueting House
Hampton Court Palace
Kensington Palace
Hillsborough Castle**

Visit the HASSRA Online Shop to download your entry vouchers

Please note: Upon arrival, you must present
A printed voucher for the specific palace
Your HASSRA Membership Card
One other form of ID

NB. Kew Palace is located within Kew Gardens. HASSRA Members can get 10% off **entry** with a Kew Gardens voucher which can be downloaded from the Online Shop



Saturday 7 March 1667/68

Up, and to the office, where all the morning, at noon home to dinner, where Mercer with us, and after dinner she, my wife, Deb., and I, to the King's playhouse, and there saw "The Spanish Gipsys,"... A very silly play, only great variety of dances... This day my wife and I full of thoughts about Mrs. Pierces sending me word that she, and my old company, Harris and Knipp, would come and dine with us next Wednesday, how we should do-to receive or put them off, my head being, at this time, so full of business, and my wife in no mind to have them neither... Home from the playhouse to the office, where I wrote ... among others to my father to congratulate my sister's marriage, and so home to supper a little and then to bed.

Thursday 19 March 1667/68

Up, and betimes to the Old Swan, and by water to White Hall, and thence to W. Coventry's, where stayed but a little to talk with him, and thence by water back again, it being a mighty fine, clear spring morning. Back to the Old Swan, and drank at Michell's, whose house goes up apace, but I could not see Betty, and thence walked all along Thames Street, which I have not done since it was burned, as far as Billingsgate; and there do see a brave street likely to be, many brave houses being built... So to the office, where busy all the morning. At noon home to dinner, and thence to the office, very busy till five o'clock, and then to ease my eyes I took my wife out and Deb. to the 'Change, and there bought them some things... This afternoon I was surprized with a letter without a name to it, very well writ, in a good stile, giving me notice of my cozen Kate Joyce's being likely to ruin herself by marriage, and by ill reports already abroad of her, and I do fear that this keeping of an inne may spoil her, being a young and pretty comely woman...

Wednesday 25 March 1668

Up, and walked to White Hall, there to wait on the Duke of York, which I did: and in his chamber there, first by hearing the Duke of York call me by my name, my Lord Burlington did come to me... The Duke of York and all with him this morning were full

of the talk of the 'prentices, who are not yet [put] down, though the guards and militia of the town have been in armes all this night, and the night before; and the 'prentices have made fools of them, sometimes by running from them and flinging stones at them. Some blood hath been spilt, but a great many houses pulled down... But here it was said how these idle fellows have had the confidence to say that they did ill in contenting themselves in pulling down the little bawdyhouses, and did not go and pull down the great bawdy-house at White Hall... This do make the courtiers ill at ease to see this spirit among people, though they think this matter will not come to much: but it speaks people's minds; and then they do say that there are men of understanding among them, that have been of Cromwell's army...

Thursday 2 April 1668

Up, after much pleasant talk with my wife, and upon some alterations I will make in my house in her absence, and I do intend to lay out some money thereon. So she and I up, and she got her ready to be gone, and by and by comes Betty Turner and her mother, and W. Batelier, and they and Deb., to whom I did give 10s. this morning, to oblige her to please her mistress (and ego did baisier her mouche), and also Jane, and so in two coaches set out about eight o'clock towards the carrier, there for to take coach for my father's, that is to say, my wife and Betty Turner, Deb., and Jane; but I meeting my Lord Anglesey going to the Office, was forced to 'light in Cheapside, and there took my leave of them (not baisado Deb., which je had a great mind to), left them to go to their coach, and I to the office, where all the morning busy, and so at noon with my other clerks (W. Hewer being a day's journey with my wife) to dinner, where Mr. Pierce come and dined with me, and then with Lord Brouncker (carrying his little kinswoman on my knee, his coach being full), to the Temple, where my Lord and I 'light...

Wednesday 15 April 1668

After playing a little upon my new little flageolet, that is so soft that pleases me mightily, betimes to my office, where most of the morning.

Then by coach, 1s. and meeting Lord Brouncker, 'light at the Exchange, and thence by water to White Hall, 1s. and there to the Chapel, expecting wind musick and to the Harp-and-Ball, and drank all alone, 2d.

Back, and to the fiddling concert, and heard a practice mighty good of Grebus, and thence to Westminster Hall... Here met Creed, and, about noon, he and I, and Sir P. Neale to the Quaker's, and there dined with a silly Executor of Bishop Juxon's, and cozen Roger

Pepys... Thence to White Hall by water, and there with the Duke of York a little, but stayed not... Thence I left Creed, and to the King's playhouse, into a corner. box, and there saw "The Maid's Tragedy," a good play. play and oranges, 2s. 6d. Coach, 1s. Creed come, dropping presently here, but he did not see me, and come to the same place, nor would I be seen by him. Thence to my Lord Crew's, and there he come also after... Thence with Creed to the Cock ale-house, and there spent 6d. and so by coach home, 2s. 6d and so to bed.

Thursday 23 April 1668

Up, and to the office, where all the morning, and at noon comes Knepp and Mrs. Pierce, and her daughter, and one Mrs. Foster, and dined with me, and mighty merry, and after dinner carried them to the Tower, and shewed them all to be seen there, and, among other things, the Crown and Scepters and rich plate, which I myself never saw before, and indeed is noble, and I mightily pleased with it. Thence by water to the Temple, and there to the Cocke alehouse, and drank, and eat a lobster, and sang, and mighty merry. So, almost night, I carried Mrs. Pierce home, and then Knepp and I to the Temple again, and took boat, it being darkish, and to Fox Hall, it being now night, and a bonfire burning at Lambeth for the King's coronation-day. And there she and I drank; ... and so back, and led her home, it being now ten at night... and, walking towards home, just at my entrance into the ruins at St. Dunstan's, I was met by two rogues with clubs, who come towards us. So I went back, and walked home quite round by the wall, and got well home, and to bed weary, but pleased at my day's pleasure, but yet displeased at my expence, and time I lose.

Sunday 3 May 1668

(Lord's day). Up, and to church, where I saw Sir A. Rickard, though he be under the Black Rod, by order of the Lords' House, upon the quarrel between the East India Company and Skinner... At noon comes Mr. Mills and his wife, and Mr. Turner and his wife, by invitation to dinner, and we were mighty merry, and a very pretty dinner, of my Bridget and Nell's dressing, very handsome. After dinner to church again ... So home and with Sir W. Pen took a hackney, and he and I to Old Street, to a brew-house there... Thence Pen and I to Islington, and there, at the old house, eat, and drank, and merry, and there by chance giving two pretty fat boys each of them a cake, they proved to be Captain Holland's children, whom therefore I pity. So round by Hackney home, having good discourse, he [Pen] being very open to me in his talk, how the King ought to dissolve this Parliament, when the Bill of Money is passed, they being never likely to give him more...

Friday 22 May 1668

Up, and all the morning at the office busy. At noon home with my people to dinner, where good discourse and merry. After dinner comes Mr. Martin, the purser, and brings me his wife's starling, which was formerly the King's bird, that do speak and whistle finely, which I am mighty proud of and shall take pleasure in it. Thence to the Duke of York's house to a play... Thence to my tailor's and a mercer's for patterns to carry my wife of cloth and silk for a bed, which I think will please her and me, and so home, and fitted myself for my journey to-morrow, which I fear will not be pleasant, because of the wet weather, it raining very hard all this day; but the less it troubles me because the King and Duke of York and Court are at this day at Newmarket, at a great horse-race, and proposed great pleasure for two or three days, but are in the same wet. So from the office home to supper, and betimes to bed.

Saturday 30 May 1668

Up, and put on a new summer black bombazin suit, and so to the office; and being come now to an agreement with my barber, to keep my perriwig in good order at 20s. a-year, I am like to go very spruce, more than I used to do. All the morning at the office and at noon home to dinner, and so to the King's playhouse, and there saw "Philaster;" where it is pretty to see how I could remember almost all along, ever since I was a boy, Arethusa, the part which I was to have acted at Sir Robert Cooke's; and it was very pleasant to me, but more to think what a ridiculous thing it would have been for me to have acted a beautiful woman. Thence to Mr. Pierces, and there saw Knepp also, and were merry; and here saw my little Lady Katherine Montagu come to town, about her eyes, which are sore, and they think the King's evil, poor, pretty lady... Thence to the New Exchange, and there met Harris and Rolt, and one Richards, a tailor and great company-keeper, and with these over to Fox Hall, and there fell into the company of Harry Killigrew, a rogue newly come back out of France, but still in disgrace at our Court, and young Newport and others, as very rogues as any in the town, who were ready to take hold of every woman that come by them. And so to supper in an arbour: but, Lord! their mad bawdy talk did make my heart ake! And here I first understood by their talk the meaning of the company that lately were called Ballets; Harris telling how it was by a meeting of some young blades, where he was among them, and my Lady Bennet and her ladies; and their there dancing naked, and all the roguish things in the world. But, Lord! what loose cursed company was this, that I was in to-night, though full of wit; and worth a man's being in for once, to know the nature of it, and their manner of talk, and lives...

CINEMA TICKETS

HASSRA offer members cinema tickets at reduced prices
The Cinemas that are part of the discount scheme are



excluding Covent Garden Leicester Square Leicester
Square Mezzanine,
Marble Arch, Panton Street, Tottenham Court Road,
West End and Whitleys



Excluding VUE West End



SHOWCASE INDEPENDENT

Outside M25 area only

To locate your nearest Independent Cinema, visit www.independentcinematicket.com

EMPIRE

To view the current discounts available and book your tickets, visit the HASSRA website www.hassra.org.uk (or via the HASSRA pages on the DWP Intranet)

Before you place your first order you will be required to register your details on the site so that we can set up an on-line account. The registration process allows us to authenticate your HASSRA membership and may take up to five working days, after which you will receive an e-mail to advise you that your account is activated and you can place orders on line.

Exclusive Golf Deals

SNAINTON GOLF

Snainton are 'Today's Golfer' Top Online Golf Equipment Retailer and Mail Order Company. With industry low prices and friendly PGA qualified staff, HASSRA members get a 7.5% exclusive extra discount on all online or telephone orders.

This is in addition to EVERYTHING on the [Snainton Golf website](http://SnaintonGolf.com) (snaintongolf.co) which is already incredibly priced.

To receive your 7.5% extra exclusive discount get the discount code from the HASSRA shop.

TEE TO PIN

HASSRA, in partnership with The Leisure Club, are offering excellent offers on golf breaks through [Teetopin](http://Teetopin.com), a professional golf company who organise Charity, Society and Corporate golf days and golf breaks throughout the UK.

As a truly independent organiser, [Teetopin](http://Teetopin.com) have access to over 1,000 golf courses throughout the UK. From municipal courses to some of the best in the world, including the likes of Celtic Manor, The Belfry, Turnberry and The Grove.

Packages include 1 in 12 go FREE, 1 In 16 go FREE, 20% off Bar Tabs, and many more.

[Teetopin](http://Teetopin.com) are also able to bring you deals with QHotels golf resorts, the largest golf resort operator in the UK, and their courses include: Aldwalk Manor, Dunstan Hall, Hellidon Lakes, Mottran Hall and many more.

Dinner Bed and Breakfast plus 36 holes of golf from £79pp.

[Teetopin](http://Teetopin.com) will continue to add new venues to those currently available.

Should you like to play at any other golf course of your choice please do not hesitate to contact them at: golf@teetopin.co.uk.

In addition, you can register via their website to attend events they run throughout the UK as Corporate Golf days. Through their shop they will also be bringing you branded golf accessories, and you can also receive specially discounted prices on their "PowerBug" push and electric golf trolley range. Go to www.teetopin.co.uk then select LOG IN at the top right hand corner, using the log in details available on the HASSRA Shop website:

Register your details for the latest special offers and new venues.



HASSRA members will receive a 10% discount on any adult, reduced or family entrance fee to the following properties. This promotion applies to the member plus one adult guest and up to three children (under 16 yrs.)

This offer is available at the following attractions:

Beaumaris Castle, Caernarfon Castle, Caerphilly Castle, Castell Coch, Chepstow Castle, Cilgerran Castle, Conwy Castle, Criccieth Castle, Denbigh Castle, Harlech Castle, Kidwelly Castle, Laugharne Castle, Oxwich Castle, Plas Mawr Elizabethan Town House, Raglan Castle, Rhuddlan Castle, Rug Chapel, Strata Florida Abbey, St Davids Bishop's Palace, Tintern Abbey, Tretower Court and Castle & Valle Crucis Abbey.

(This **excludes** special event days where CADW may charge an additional fee)

Please note: This offer requires production of a current HASSRA membership card and photographic ID. HASSRA members will not be eligible for a discount in the retail outlets or cafes at CADW properties.

For more information about these fantastic historic locations, please visit the [CADW website](http://CADW.com).

This offer is **not available** at the following attractions: Carreg Cennen, Weobley, and Dolwyddelan castles, Margam Stones Museum, Conwy Castle & Plas Mawr Town House joint ticket.



Lifestyle is the national HASSRA online magazine. Check out the latest edition in the HASSRA shop at hassrashop.org

TRIP TO BELGIUM

Members posted their photos from the trip to Belgium on our Facebook pages.



HASSRA LONDON CHESS CLUB



Make your next move joining the Chess Club

The London HASSRA Chess Club welcomes all HASSRA members as new players, from novices to experts. We run six teams and play matches weekday evenings in and around central London from October to April. If you would like to find out more about the Chess Club, please contact one of the following:

Gary Cook gary.cook2@dwp.gsi.gov.uk

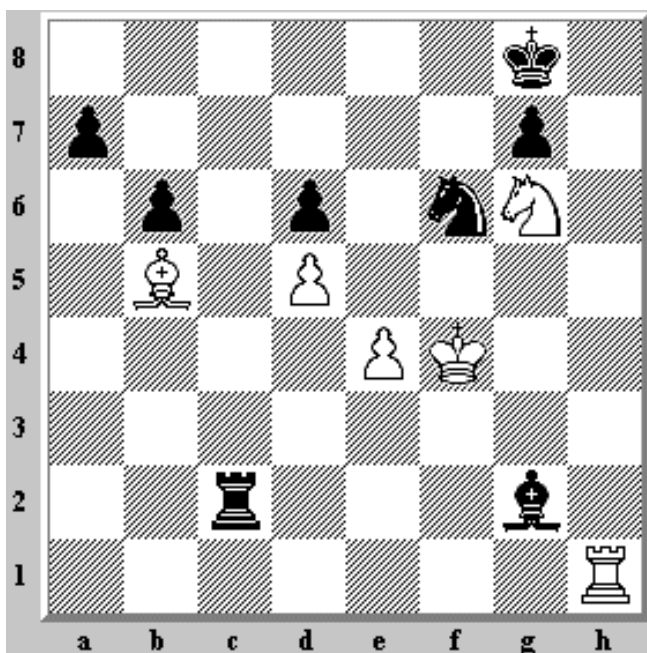
Mike Smith mike.smith4@dwp.gsi.gov.uk

David Gilbert David.J.Gilbert@btinternet.com

CHESS PUZZLE

White to move. Mate in 4.

Solution inside back page



Congratulations to the latest O2 ticket winners.

Thirty Seconds to Mars: Sheree Hill

Fall Out Boy: Denise Donovan

Sam Smith: Harley Moon

Paul Weller: Nigel Jardine

London Beef Boxing: Linda Brougham

Fast and Furious: Natasha Whittington

Chris Rock: Edward Foy

Strictly Come Dancing: Ian Doherty

Kendrick Lamar: Sandhya Bharat Patel

Thank you Hassra. A very unexpected Saturday night out!!!! Nigel Jardine



Great night at the British Beef boxing.....I've got the bug now and will definitely go again! Spotted Anthony Joshua but he was too far away for a selfie. Thanks HASSRA. Linda Brougham



Thank you HASSRA London!!! Fast and Furious Live was excellent! Natasha Whittington



DOWN YOUR WAY BOREHAMWOOD



According to chronicler Henry of Huntingdon, Elstree was the site of the 5th Century battle of Ailestreu, when British King Vortigern slew Horsa, who led the Anglo Saxon invasion of Britain.

The earliest recorded mention of Borehamwood was as Bosci de Boreham (meaning the wood of Boreham) in 1188. The area was owned by Pope Clement who gifted the whole area around Elstree to the local Abbey with the wood at Boreham given over to the feeding of their swine.

King Charles II was a regular visitor to Salisbury Hall north of Shenley. It is said he used the network of tunnels and secret passages to visit his mistress Nell Gwynn.

In 1776, the House of Lords granted "An Act for dividing and closing the Common or Waste Ground, called Boreham Wood Common, in the Parish of Elstree otherwise Idletree, in the Country of Hertford. Up until 1909, the town was part of the ancient parish of Elstree.

Elstree is the home of one of the oldest Scout unit in the country when Sir Percy Winn Everett, a friend of Lord Baden Powell, became scoutmaster of 1st Elstree Scouts in 1908.

From the 1920s onwards, the town became known as one of the main centres of the UK film, and later television, industries due to the presence of production studios at Elstree.

After the 2nd World War, Borehamwood's population greatly increased due to local authority building council accommodation for Londoners whose homes had been destroyed in the War. In 1946 the Admiralty started to build secret high-performance electronic digital computers at Borehamwood, firstly for the

purpose gunnery control and later for surface-to-air guided weapons, missiles as well as code-breaking computers for GCHQ.

The railway arrived in Borehamwood in 1863 when the Midland Railway opened a route from Bedford to London at St Pancras. In more recent times, fast train services have helped turn the area into a commuter belt for London.

Thought to date from the early 18th Century, The Cage in Shenley is one of the last remaining roundhouse gaols in England. Prisoners were housed there before being taken to the magistrates' courts. It was last used to hold an army deserter during the First World War.



Film production was first based in the area in 1914 and studios expanded during the 1920s. Although the studios are commonly called Elstree, only one of the studios was actually in Elstree with the rest being located in Borehamwood. The last two remaining local studios are located in Borehamwood. Elstree Studios is in Shenley Road while BBC Elstree Studios is in Eldon Avenue.

Among the films made locally are The Dam Busters, Moby Dick and Summer Holiday as well as the first Indiana Jones and Star Wars films. Among the television shows filmed at the TV studios were Who Wants To Be A Millionaire, Inspector Morse, The Muppet Show and Big Brother.



Both EastEnders and Holby City are currently filmed in Elstree studios. Grange Hill was filmed at Hillside School in Borehamwood from 1985 to 1990.



In April 1978, stuntman Eddie Kidd secured the world record when he leaped over 14 double-decker buses on his motorbike at the derelict Handley Page aircraft factory in Radlett.



Among the famous people who have lived in the area are Ray Davies of The Kinks, Simon Cowell, ex-footballer Tim Sherwood, Chef Gino D'Acampo and Peter Robinson aka new romantic singer Marilyn.

The local football team is Boreham Wood FC who area currently in the National League. At the time of writing they are in a play-off position with a chance of promotion to the Football League. Should they reach the Football League, with average crowds of only 700, they would be smallest ever League club. Watford Reserves and Arsenal ladies also play at Boreham Wood's Meadow Park ground.



The Likya OcakbasI Restaurant is rated Borehamwood's top restaurant on Trip Advisor. It is a Mediterranean restaurant located in Shenley Road. Other highly rated restaurants in Shenley Road are Kiyoto Sushu (Japanese), Golden Plaice (Seafood) Divan (Mediterranean) Ben and Ollie's (Breakfast Café) Tay Tar (Thai) J2 (Japanese) and Delisserie (American Diner)

The Mops and Brooms pub is located Rowley Lane. The pub was originally based in the building next door and was a pub in Medieval times when weddings were officiated here. It was at one of these occasions when a fight broke out between guests and locals using the weapons that gave the pub its name. It is now a McMullen's pub selling their full range of beers.

The Wishing Well is an 'Irish-style' pub in Shenley Road. It had several large screens to show football and has live music nights. No real ale is served. The Alfred Arms is in Shenley Road. It has regular live music. It sells Doom Bar and Adnams real ales and has an Indian Restaurant attached. The Wellington is a sports based pub in Theobald Street. It has no real ales. The Hart and Spool is a Wetherspoons pub in Shenley Road.



HIGHGATE



KILBURN



WILLESDEN



HAMMERSMITH



HAUNTED LONDON



ILFORD FIRE STATION



Firemen in the old fire station in Broadway, Ilford used to report sometimes seeing a man in ancient fireman's gear.

This was believed to be the ghost of Godfrey Netherwood, a fireman back in the 1890's who was known to have had an interest in ghosts and haunted buildings. When that fire station closed, Godfrey's ghost began appearing at the new fire station in Romford Road.



WESTMINSTER ABBEY

A church has been on the site of Westminster Abbey since the 6th Century when the Saxon King Serbert converted to Christianity. It was rebuilt 500 years later by Edward the Confessor who died shortly after. He was succeeded by King Harold who was killed at the Battle of Hastings. The Abbey was where William the Conqueror was crowned King in the Abbey and started the tradition of the British monarch being crowned in the Abbey.



Since then the Abbey has been rebuilt and expanded as well as the floor being lowered. This is believed to be why Father Benedictus, the Abbey's Benedictine ghost, appears to float above the ground rather than walk on the floor. However, apart from his floating, he appears otherwise solid and has been known to engage visitors in conversation when he appears in the cloisters in the early evening.

In 1900 he reportedly spoke to a group for a good twenty-five minutes until he disappeared through a wall.

In 1932 two American visitors had a long conversation with him and said they had found him to be extremely polite.



The Tomb of the Unknown Warrior is a memorial to the soldiers who died in World War 1 and is the resting place of an unidentified soldier who was killed in France. In quiet times, the ghost of a soldier has been seen, head bowed at the tomb, before disappearing.





In 2011, workers building the new Storm Surge water ride at Thorpe Park started reporting strange occurrences including one seeing what he described as a headless monk, while others reported seeing objects being moved around. Some workers also reported feeling like someone was watching over their shoulders, as well as many experiencing sudden cold feelings. A paranormal detection agency was called in.

A forensic geophysicist from Cranfield University discovered, using deep ground radar, that the building work had disturbed an ancient burial ground or settlement. The 64ft-tall water ride, Storm Surge, was originally planned for an area known as Monk's Walk, an old footpath that has linked the ruins of nearby Chertsey Abbey to Thorpe Church since AD666. The ride's foundations would have been over 15 metres deep in an area of the park where stone coffins have previously been excavated.



NEW WIMBLEDON THEATRE



For years, visitors to the New Wimbledon Theatre reporting on strange events at the theatre.

The Stage Door supervisor Mark English once reported that he was once contacted by a lady who had come to see a show the night before with her sister, who was in a wheelchair. When the lights were going down in the first act, the lady's sister, who was seated at the end of the row, looked over and saw a big, dark figure staring at her. Other visitors have also reported seeing a large black shape moving along the corridor towards the back of the auditorium that goes into the Stalls bar.

Theatre-goers also speculate about sightings of the infamous 'Grey Lady', a mysterious spirit that is known to wander amongst the empty space between the stalls and the stage, and has been known to turn on the theatre's sprinkling system.



BLACK CAP CAMDEN



The site of the Black Cap was, in the 16th century, home to Old Mother Red Cap, reputedly a witch who was known for killing off her lovers. One was found as cinders in her oven, while another never reappeared after a drunken row.

Her parents were also known as witches and were hanged for killing a girl. The woman became known as Mother Black Cap due to her dark grey clothes and the black cat which never left her side. In the Black Cap in modern times, there have been reports of knocking doors and shadows moving about in the mirrors.



ANYTIME GYMS

HASSRA are proud to announce that we have teamed up with one of the fastest growing global fitness chains, [Anytime Fitness](#).

We are able to offer HASSRA members a fantastic **10% off** a standard 12 month direct debit or annual paid in full membership.

With over 130 clubs in the UK Anytime Fitness offers HASSRA reciprocal access for 24 hours a day, 7 days a week, 365 days a year. On top of this, Anytime Fitness offers state of the art equipment, private bathrooms, expert and friendly team members, plus virtual classes.

What's more, Anytime Fitness offers access to over 1,100 workouts for free as part of its leading Anytime Workouts app. Plans can be tailored to you, so whether you like to be coached or work out on your own, Anytime Fitness has a solution!

You can join in two different ways:

Option 1 - Visit www.anytimefitness.co.uk and enter in the promotional code available on in the HASSRA Online Shop.

Option 2 - Go to your local participating club and sign up in person.

Please note: A valid HASSRA membership card along with proof of ID must be presented at the registration desk (if joining in person) or upon collection of key access fob (if joining online).

More information is available on HASSRA's Anytime Fitness, check out their [Membership Letter](#) and [Membership Flyer](#) where you can sign up for a **free one day trial!**

NUFFIELD HEALTH

HASSRA members can get a 7-day **FREE** trial and **10% off** all membership packages with [Nuffield Health!](#)

[Nuffield Health](#) is delighted to offer HASSRA members **10% off membership** at any one of our 111 Fitness & Wellbeing clubs nationwide.

As a not-for-profit organization with a 60-year heritage in healthcare, our clubs offer support for your health, fitness and wellbeing all under one roof.

[Nuffield Health clubs are unique in their holistic approach to health and fitness.](#)

Members have access to a range of onsite experts including physiotherapists at a discounted rate plus free Health MOTs throughout membership.

These unique one-hour health checks give you a view of your current health and allow you to set personalised health and fitness goals designed specifically for you – and because they're available every three months it means your journey with us will always be about what you need.

[Plus members get access to:](#)

Fully equipped gym and studios

Swimming pools in 110 of 111 clubs

Huge range of group exercise and fitness classes

Relaxation facilities including sauna and steam room

· Café and lounge areas

Multi-club access to many of our other 110 gyms across the UK

It's never been easier to get started, as you can now join any of our gyms [online](#) 24/7 and redeem your discount using the code available on in the HASSRA Online Shop.

Alternatively, you can try us for free first with a [7-day trial](#).

You can get your 7-day FREE trial at [Nuffield 7-day FREE Trial](#).

You can also receive a 10% discount when you join online at [Nuffield Gym Memberships](#).

Discount Code: available on in the HASSRA Online Shop.

Your HASSRA membership card must then be produced upon arrival at the chosen gym)

[Check out if there is a Nuffield Health Gym near you!](#)

Upon joining an activation fee will apply. Proof of HASSRA membership must be shown in club within 14 days of joining online or you will be converted onto a full-rate membership.

One free trial per person. Free trials are not available at Nuffield Health City, Covent Garden, Moorgate or Bloomsbury gyms. Photographic ID will be required to enter the club.

HASSRA LONDON INTERMEDIATE GOLFERS DAY 2018



Calling ALL budding Golfers, London HASSRA Golf Society extend a warm invite to any members who would like to participate in an event ideal for the “ New Golfer”.

The goal is to build confidence and hone on course skills with a longer view to hopefully join us at planned Society events throughout the Golfing Season.

**The event will be held at Horton Park Golf Centre, Epsom
on Tuesday 31st July 2018.**

Cost per person £20 (Grant Subsidised)

Itinerary of Day - Meet & Greet in Clubhouse over Coffee/Tea & Bacon Rolls

One Hour on Golf Range, that will include one to one instruction with local Golf Professional (Supported by experienced Golf Society players)

18 Holes Golf, accompanied by experienced Golf Society players in supportive role

Lunch in Clubhouse and the 19th Hole

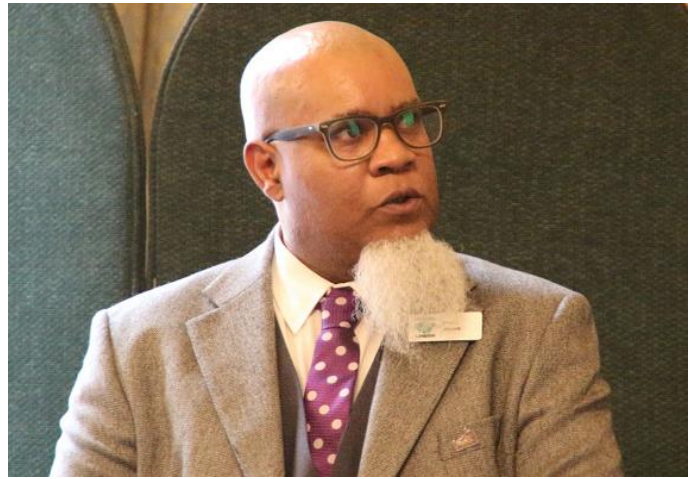
If you would like to attend the day and book your spot, please drop an e-mail to gary.mitchell@dwp.gsi.gov.uk.

HASSRA LONDON AGM

The 2018 AGM was held on Tuesday 13th March at the National Liberal Club. The new Board of Management was elected consisting of Gregg Harrison (Chair), Peter Jones, Dave Poulton, Allan Rayson, Michelle Philip, Lorraine Dowe, Marjorie Browne, Rebecca Jones, Jayne Martin, Taj Patel, Donna McCall and Harley Moon.

Club awards were given to Walthamstow, Ilford and Hackney. Sports Person of the Year was awarded to Simon Lunn while Volunteer of the Year was awarded to Maxine Fields. Special awards were made to Dave Poulton for his sterling work for the Board of Management and to Ray Allen for his work as London Regional Business Partner which has now come to an end.

Thanks to Dave Lewing for the photos,





LONDON LOCATION FOR PADDINGTON BEAR



The opening scenes of the live action Paddington Bear film were filmed in Costa Rica, rather than Peru where Paddington is meant to come from.

Paddington is shown arriving at Tilbury Docks and passes over Tower Bridge en-route to Paddington Station which gives him his name. The outside scenes were actually filmed at Marylebone Station although the inside scenes were filmed at Paddington, albeit with the modern additions, such as McDonalds, digitally removed and a fake tea room added.



MARYLEBONE STATION

Although the Browns live in Notting Hill, it was filmed at 30 Chalcot Crescent, Primrose Hill, NW1, north of Regent's Park.



CHALCOT CRESCENT

The fictitious Westbourne Oak Station was actually Maida Vale Station, on the corner of Elgin Avenue and Randolph Avenue,

Gruber (Jim Broadbent)'s antique shop in Notting Hill is actually Alice's Antiques, Portobello Road, London W11.



ALICES ANTIQUES

The frontage and hallway of the 'Geographers Guild' gentlemen's club is in reality The Reform Club, 104 Pall Mall, London which had also appeared in Guy Ritchie's Sherlock Holmes, the 2001 remake of The Four Feathers with Heath Ledger, the 1998 big screen version of TV series The Avengers, as well as two Bond films – Die Another Day and Quantum Of Solace.



THE REFORM CLUB

However, the corridors, where Mr Brown pretends to be a cleaning lady, are those of Hatfield House, Hatfield, Hertfordshire.

The home of the evil taxidermist Millicent Clyde (played by Nicole Kidman), was filmed at 52 Downshire Hill, Hampstead, NW3, while her office was located at the Natural History Museum, Cromwell Road, South Kensington,

QUIZZES



SPORTS QUIZ

AM

GENERAL

KNOWLEDGE

QUIZ

PM

at the

Union Jack Club

Waterloo

on

Thursday 31st May

Teams of up to 4

Enter one or both quizzes

To enter your team, send the names of your team members with their HASSRA numbers to [**hassra.london@dwp.gsi.gov.uk**](mailto:hassra.london@dwp.gsi.gov.uk)

The winning teams will be invited to represent HASSRA London at the National Festivals.

RIVERSIDE CLUB STAINES



The Staines Riverside Club hosts live gigs every other Thursday between 8-30 and 11-00. Admission just £4. The club is located at 6 Laleham Road, Staines (opposite Gresham Road) and is just 5-minutes walk from both Staines Railway Station and Staines Bus Garage.

5 April

Papa George and Micky Moody

19 April

Fran McGillivray Band

3 May

Steve Whalley

17 May

The Good Old Boys

24 May

Bad Influence

JUMP THE GUNN

Jump the Gunn are a West London based rock covers band featuring DWP staff member Ian Buckingham. Catch them at the following venues

14th April 2018 – Walton Working Men's Club (Walton) 21a Church Street, Walton-on-Thames, Surrey, KT12 2QP

28th April 2018 – The Kings Arms (Harefield) 6 Park Lane, Harefield, Uxbridge UB9 6BJ

5th May 2018 – Guildford Jubilee Social Club Stockton Road, Guildford GU1 1HH

12th May 2018 – The Star (Staines) 52 Kingston Rd, Staines, Middlesex TW18 4NL

26th May 2018 – The Beehive (Bedfont) 333 Staines Rd, Bedfont, Middlesex TW14 9HF

9th June 2018 – The Barley Mow (Hersham) 67 Molesey Road, Hersham, Walton-on-Thames KT12 4RS.

HASSRA LONDON BOURNEMOUTH TRIP

Members posted pictures of the recent trip to Bournemouth on our Facebook pages. Look out for more great trips coming up from HASSRA London.



**A BIT COLD OUT THERE
BACK TO THE BAR**



- 1 Manuel Pellegrini
- 2 Doctor Black
- 3 Laurel and Hardy
- 4 Jupiter
- 5 The Man from UNCLE
- 6 Nike
- 7 David Platt
- 8 On the Moon
- 9 Wogan House
- 10 HMS Queen Elizabeth

POP QUIZ ANSWERS

- 1 Cozy Powell
- 2 I'm A Believer
- 3 Burt Bacharach and Hal David
- 4 Columbia
- 5 Yazoo
- 6 Mike D'Abo
- 7 Under Pressure by Queen and David Bowie
- 8 Black Rebel Motorcycle Club
- 9 Jermaine Jackson
- 10 Billy Preston

CHESS SOLUTION

- 1.Rh8+ Kf7
 - 2.Be8+ Nxe8 3.Kg5
- and mates next move

PICTURE QUIZ ANSWERS

- 1 Tony Benn
- 2 Eric Morecambe
- 3 Graham Chapman
- 4 Albert Einstein
- 5 Warren Mitchell as Alf Garnett
- 6 Rowan Atkinson as Maigret
- 7 Trevor Bayliss
- 8 Hugh Hefner
- 9 Harold Wilson
- 10 Jimmy Greaves
- 11 Stephen Fry
- 12 Jimmy Hill
- 13 Basil Rathbone as Sherlock Holmes
- 14 Peter Cushing as Sherlock Holmes
- 15 Jeremy Brett as Sherlock Holmes
- 16 Benedict Cumberbatch as Sherlock Holmes

SUDUKO SOLUTION

3	4	5	1	7	8	9	2	6
2	7	1	6	3	9	4	5	8
9	6	8	4	2	5	1	7	3
6	2	9	7	8	3	5	1	4
4	1	3	5	9	6	7	8	2
8	5	7	2	4	1	3	6	9
1	8	4	9	6	7	2	3	5
7	9	6	3	5	2	8	4	1
5	3	2	8	1	4	6	9	7

CROSSWORD SOLUTION

W	A	S	H	I	N	G	T	O	N	D	C
I		Q		N			H		O		A
L	A	U	N	D	E	R	E	T	T	E	S
D		E	L	I			R	T	R		S
W	E	A		C	A	R	E		E	R	E
E	L	M		A			F		D	O	T
S		I		T	O	T	O		A		T
T	M	S		O			R		M	E	E
S	A	H	A	R	A	D	E	S	E	R	T
H	D		M		B	I		E		R	A
O		N	O		L	E		A	D		P
W	A	L	K	I	E	T	A	L	K	I	E

..... **and finally**

I'm sure wherever my father is, he's looking down on us. He's not dead, just very condescending.

SPORTS DAY 2018

WEDNESDAY

13TH JUNE



NPL CLUB TEDDINGTON

Featuring 5-a-side Football, Tennis, Petanque, Quiz, Netball, Photography, Cookery, Arts and Crafts, It's A Knock-Out, Golf Putting, Charity Raffle, and Bowls.