



NESLC

Newcastle Estate Sports & Leisure Club Newsletter: March Edition 2018

Welcome to the latest issue of the NESLC Newsletter. In this issue we have a variety of items including some excellent special offers on Lumley Castle and theatre tickets.

I hope you enjoy the Newsletter and I would be interested to hear your thoughts on it which should be sent by e-mail to: George.Green9@blueyonder.co.uk

George Green

Editor

If you wish to join NESLC please ring Steve Harris, NESLC Gym Manager on 07790 085104. If you are unsure about whether you are a member:-

You are an NESLC member if:

Benton Park View (BPV) - you are in HASSRA or RCSL unless you are a HASSRA member in the local office club CMG (Room BP5302 only).

Tyneview Park (TVP) - you are in HASSRA unless you are a member in the local office clubs (Newcastle Pension Centre, NCIB/FES), or an RCSL North member who has opted to retain your NESLC membership.

Durham House (DH) - you are in HASSRA or an RCSL North member who has opted to retain your NESLC membership.

Waterview Park (WVP) - you are an RCSL North Member who has opted to retain your NESLC membership.

If you are a HASSRA member in a local office club at any of the above locations you can choose to join NESLC for an additional £8 per year.

If you are an RCSL North member at TVP, WVP or DH and have not opted to retain your NESLC membership you can join NESLC for an additional £8 per year.

If you are unsure that you have retained your NESLC membership please contact:-

Alan Borrowdale (alan.borrowdale@dwp.gsi.gov.uk) for confirmation for DWP members and
Lynsey Wilkinson (linsey.scurr@hmrc.gsi.gov.uk) for confirmation for RCSL members.

How do I access the NESLC Website?

RCSL Members Those who work in HMRC can access the NESLC website via the Internal Intranet site. Valuation Office staff should follow the instructions below for HASSRA members.

HASSRA Members (those who work in DWP) via the HASSRA North East Region NESLC Website which can be accessed as follows: Open HASSRA main page on the internet; Go to the regional North East Page; Scroll down and in the right hand column click on the **clubs** link to open page for NESLC.

The following electronic link can be used to access the NESLC page on the HASSRA website.

http://www.hassra.org.uk/regions/northeast/DWP_S246803.asp#TopOfPage

NESLC AGM

NEWCASTLE ESTATES SPORT & LEISURE CLUB AGM AND CELEBRATION.

Celebrate our successes at our AGM from 4pm then join us after to celebrate.

FRIDAY MARCH 9TH 2018

AT THE INNISFREE SOCIAL CLUB

LONGBENTON

4pm prompt start

Fantastic celebration, buffet and a huge array of raffle prizes and other freebies for all our members.....

What are you waiting for?

You must be a member to attend so register your place now via email to:

Alan.borrowdale@dwp.gsi.gov.uk

NOTE! The room is on an upper floor and no lifts are available



Revenue & Customs
Sports & Leisure



Newcastle Estate Sport & Leisure Club

NESLC Membership Cards

From 2017 in order to take part in NESLC offers and trips you will be required to have a membership card

The cards are free to members of HASSRA and RCSL at Benton Park View, Tyne View Park and Durham House with some exceptions. See page 1 for advice on NESLC membership.

In order to receive your membership card please send an email to: Alan.borrowdale@dwp.gsi.gov.uk

With your name, email address and location. You will then be notified of where and when to pick up your card.

CODE OF CONDUCT FOR SPECIAL OFFERS AND EVENTS ORGANISED BY NESLC

All attendees must adhere to the Civil Service/Organisational Code of Conduct (see reverse of booking form). Bookings made at members price cannot be sold on to non-members. Any member found doing so, may be suspended from membership and the balance will be due to bring the amount payable up to the guest price.

War Horse at the Sunderland Empire

Wednesday the 13th of February 2019 @ 7.30pm

Seats are at the rear of the stalls in rows V, W & X

PLEASE NOTE: Elevated scenes may not be visible

Cost:

NESLC Members: £20.50

Guests: £33.50

Please complete the booking form on the NESLC website (see page 1 for access advice) and forward it with you cheque to Theresa Parvin, CAS 11, Room BP1201, Benton Park View. If you have any questions please email the organiser,

Theresa.Parvin@hmrc.gsi.gov.uk

Please DO NOT contact the organiser by phone. Closing date for receipt of booking forms is Friday the 30th of March 2018 (or sooner if sold out)

PLEASE EMAIL THE ORGANISER AT THE TIME OF SENDING YOUR BOOKING FORM. The organiser will email you to confirm receipt of your booking form. Please email her if you don't hear from her within 2 weeks of sending your application.

KINKY BOOTS

Newcastle Theatre Royal

Wednesday November 7th November 2018 @ 7.30pm

Don't miss the 'freshest, most fabulous, feel-good musical of the decade (The Hollywood News) as it embarks on it's first ever UK tour! It's the ultimate fun night out, so book now and experience the energy, joy and laughter of this dazzling show.

Seats are in the middle of the stalls, rows H, J and K

Cost: NESLC Members £28.00

Guests: £47.00

Please complete the booking form on the NESLC website (see page 1 for access advice) and forward it with your cheque to Theresa Parvin, CAS 11, Room BP1201, Benton Park View.

If you have any questions please-mail the organiser, Theresa.parvin@hmrc.gsi.gov.uk Please **do not** contact the organiser by phone.

PLEASE EMAIL THE ORGANISER AT THE TIME OF SENDING YOUR BOOKING FORM AND CONFIRM THE NUMBER OF TICKETS REQUIRED. The organiser will email you to confirm receipt of your booking form. Please email her if you do not hear from her within 2 weeks of sending your application. If you require a copy of the booking form please email the organiser, Theresa.parvin@hmrc.gsi.gov.uk.

CLOSING DATE FOR RECEIPT OF BOOKING FORM— Friday 29th of June or sooner if sold out.



LUMLEY CASTLE

your special place in history

Elizabethan Banquet - Friday 11th May 2018

NESLC are pleased to be able to offer a night with a difference at no ordinary hotel!

The evening includes:

Five course banquet Feast Two goblets of wine and Mead Entertainment by the Lords and Ladies of the Court.

First Remove - BARON'S BROTH

Homemade vegetable broth served with wholemeal bread

Second Remove - FYSHE WITH POTATO

Fish with creamed potato, topped with cheese served in a scallop shell

Third Remove - SPARE RIBS

Succulent ribs served in a red wine sauce with herbs

Fourth Remove - CHECKYN IN MEAD

Chicken cooked in mead sauce, jacket potato, salad and basil butter

Fifth Remove - APPLE CRUMBLE

A delight to end your repast

Vegetarian options available

Times - Dungeon Bar opens at 7pm, called to feast at 8pm

Prices:

NESLC members = £52.50

Guests = £72.50

**Elizabethan Banquet & Overnight Stay (£20 supplement for singles)
Breakfast**

Closing date for bookings is 12 April 2018 or sooner if sold out

Email Sonya.Peacock@hmrc.gsi.gov.uk for an application form

NESLC 2018 CASHBACK Offers

Fake Festival 28 April 2018 12 – 11.30pm

Early Bird prices bought before 28 March - £22.50 subsidy **£7.50**

Early Bird before 28 April - £27.50 subsidy **£10.00**

On the door price £35.00 subsidy **£15.00**

£60 - £80 Family ticket subsidy **£15.00**

See www.fakefestivals.co.uk for information regarding event

KYNREN 30 June – 15 September 2018

Ticket Cost £20 to £35 subsidy **£10.00**

Ticket Cost £36 - £59 subsidy **£15.00**

See www.elevenarches.org for further information regarding event

Ladies Day 28 July 2018

£30 Picnic ticket subsidy **£10**

£30 Grandstand/Paddock subsidy **£10**

£45 Premier Enclosure Subsidy **£15**

£50 Premier & Prosecco subsidy **£15**

£55 Essentials ticket/food/drinks voucher subsidy **£15**

See www.newcastle-racecourse.co.uk for further details

For each of the above events, please complete the booking form on the NESLC website (see page 1 for access advice) or e-mail paulinewood1@hmrc.gsi.gov.uk for further information.

Fabulous Fundraisers

Please continue to send details of your fundraising activities including Sport Relief and any other events to alan.borrowdale@dwp.gsi.gov.uk

And we'll have a half yearly update in the next newsletter.

PICTURE QUIZ

Do you fancy winning a £25 gift voucher

All you have to do is identify the 12 people below who all passed away in 2017. Entries (1 per member) should be emailed to myself:

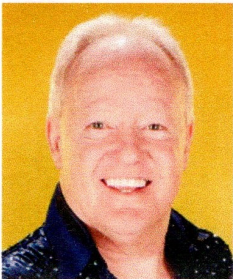
george.green9@blueyonder.co.uk

Please put QUIZ in the subject field and state you full name, room number, telephone Ext, the organisation you are a member of (HASSRA or RC SL) and your HASSRA membership number or HMRC PI number. The closing date for entries is Monday the 26th of March and the first correct entry in a random draw will be declared the winner.

All entrants must be members of HASSRA or RC SL. If you are not a member of either please see page 1 for details of how to join

George Green
Editor

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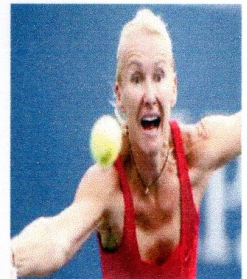
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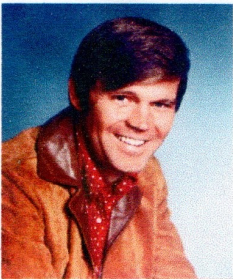
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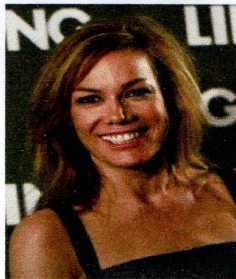
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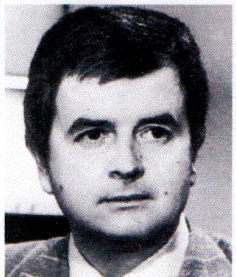
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Result of the Secret Santa Picture Quiz in the Xmas Newsletter

The answers to the Secret Santa picture Quiz are:

- 1. Kim Kardashian.**
- 2. Benedict Cumberbatch.**
- 3. Kate Winslet.**
- 4. Donald Trump.**
- 5. Kate Middleton.**
- 6. Jack Nicholson.**
- 7. Mariah Carey.**
- 8. Jurgen Klopp.**
- 9. Pamela Anderson.**
- 10. Alan Sugar.**

The winner, randomly selected by Terri Nicholson, NESLC Chair, is Sheila Dove from DWP HR Services.

Sheila won a £25 gift voucher and she is pictured below receiving it from Jill Gardner, NESLC Treasurer.

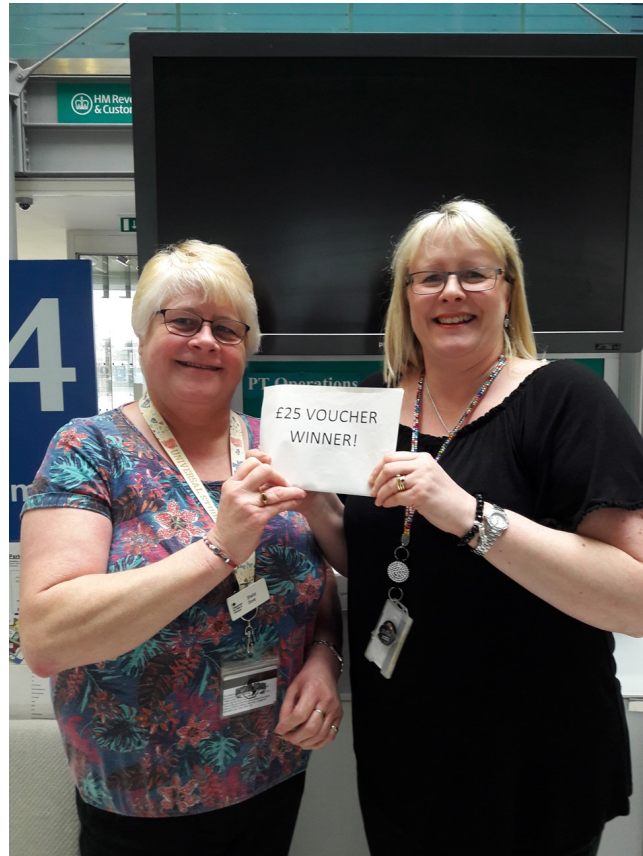


TABLE TOP GAMING SECTION

Calling all NESLC members!

We are aiming to set up a table-top gaming club to meet up on regular occasions for war-gaming and table-top roleplaying games.

Some of our regular attractions could include :

Warhammer Age of Sigmar.

Warhammer 40,000

Dungeons and Dragons

Star wars: X-Wing / Armada

Magic the Gathering

But it doesn't just stop there. Any additional suggestions will be welcomed.

Ultimately our aim will be to meet up at least twice a month, enjoy sessions of table-top war-gaming and roleplaying. We understand that some people might prefer one type of game to another so we will look into evenings where all types of games are available.

Eventually we will be looking into local competitions and tournaments that we can participate in as a section.

If we manage to get enough interest for this group then NESLC will help by providing us with funding for essential tools and equipment needed to hold these sessions. They will also support us when entering tournaments and competitions!

So the more people interested the better. What are you waiting for??

We will be aiming to commence sessions after Christmas, so if you are interested you can contact either **Sean Reed** or **Joseph Archer** at:
Neslc.tga@gmail.com

If we secure enough members there will also be scope to invite associate members from outside HMRC and DWP.

Onsite Gyms @ Benton Park View, Durham House and Tyne View Park

Some people may not be aware that we have excellent onsite gym facilities at Benton Park View, Durham House and Tyne View Park. All three facilities offer fantastic value for money and all include extensive ranges of both resistance and cardiovascular equipment. As well as the gyms themselves all three sites have changing and showering facilities available.

In terms of cost the gyms offer the best value for money available anywhere. A full 12 calendar months membership at the Amble Inn Gym @ Benton Park View is only £60 both Durham House and Tyne View Park are only £36 for 12 calendar months.

This, as I am sure you will agree is a fantastic opportunity to take out a gym membership at a price that is well below that of normal commercial gyms. For those of you that have never used a gym before or even if it is some years since you have done so there is an instructor available at set times at all three gyms to offer advice on training and nutrition to help you achieve your fitness goals.

For those of you who would maybe prefer to exercise in a class environment the Amble Inn Sports Hall offers 5 exercise classes of varying intensities per week.

On Tuesday and Thursday at 8am we have Metafit sessions which encompass both cardiovascular and strength components within the class. These sessions would be suitable for all levels of fitness. Again on a Tuesday at 12 noon there is a very high intensity class which is designed to push those of a higher fitness level, the class involves mainly cardiovascular work but there are some muscular strength/ endurance components included.

Thursday 12 noon there is a traditional Circuit Training class which includes some cardiovascular work but is built mainly around work stations that stress various muscle groups including the abdominals. Again this session would be suitable for all fitness levels.

Our last class of the week is again on a Thursday at 4pm and is the latest sensation to hit the fitness world, which of course is Zumba! Zumba is described as the all over dance party workout and is a fun way to burn calories and use muscles in a manner that traditional exercises classes could not. This class is suitable for anybody of any fitness level because the exercise programme contains a fun element whilst at the same time burning calories.

All classes are £3.00 expect Zumba which is free. The only requirement to partake in any of the classes is that you are currently a member of either HASSRA or RCSL.

Amble Inn Sports Hall Hire

Those of you that work at the Benton Park View Site will be aware that we have a superb sports hall located within the Amble Inn.

The sports hall can accommodate a variety of sports and is available for casual bookings by RCSL or HASSRA members. Table tennis, badminton and 5 a side can all be booked for a cost of only £15 for the full use of the hall for a full hour. Please note that we can provide a table tennis table and badminton nets and posts but personal equipment like racquets, bats, shuttlecocks etc. must be provided by the individuals playing. Likewise a casual booking for 5 a side will necessitate one of the players providing a 5 a side specific football.

Anyone requiring booking the hall must book and pay at the same time and this can be done at the Amble Inn sports office which is located at the foot of the stairs in the Amble Inn, the opening times are as follows:

Mon: 10am – 11am

Tues: 10:30am – 11:30am

Wed: 10am – 11am

Thurs: 10am – 11am

Fri: 10:30am – 11:30am

It has been mentioned that the hall is available for 5 a side football, but individuals who are interested in playing but do not necessarily want to organise 9 other players can contact the sports office during the above times or could telephone Steve Harris on 07790085104 and leave their details as one or two regular teams who use the hall are often looking for players to make the numbers up.

For any information at all regarding use of the hall or booking of the hall please do not hesitate to contact Steve on the above number.

Would you like a game of Bowls?



Then here is your chance to join a great bowling club in your area with the 2018 season almost upon us.

The Health & Security Bowls Club are a section of NESLC and we play our home matches at Blue Flames Sports Club, Whitley Park, Whitley Road, Benton, NE12 9SF. We are looking for new recruits who are members of NESLC including retired members. You can be any age - male or female - to join our busy club. Don't worry if you haven't played before as we give free coaching and advice and we can offer the choice to play most days, afternoons and evenings of the week during the Summer.

You'll be pleasantly surprised how quickly you can get to grips with the basics of the sport. It's an excellent way of getting fresh air and exercise as well as participating in a great competitive sport that doesn't cost a fortune.

Our bowling green is nicely set in the grounds of the Blue Flames Sports Club in Benton where we have a good clubhouse and plenty of parking. It is only a short walk from Benton Metro.

The green is expected to open mid April (weather permitting) so why not get in touch to find out more. Or if you prefer, just visit the bowling green and ask any questions you might have. There is no obligation.

You can get in touch by telephone on 0776 345 8298 (Colin Bowman) or use email if you prefer - mightybowman@blueyonder.co.uk or:

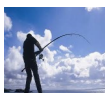
George Green, 0750 321 7259 , email george.green9@blueyonder.co.uk



Section

Contact Name/Details

Fishing & Angling



Phil.Darling@hmrc.gsi.gov.uk

Basketball



Spencer.Munn@hmrc.gsi.gov.uk

Badminton



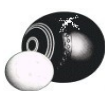
Janice.Hurst@dwp.gsi.gov.uk

Badminton (Social)



miguelvino@hotmail.com

Bowls



Rory.Adamson@dwp.gsi.gov.uk

5-a-side Ladies



Laura.Fairlamb@hmrc.gsi.gov.uk

Golf



Iwan.Owen@dwp.gsi.gov.uk

Gym



Steve Harris on 07790 085104

Horse Riding



Karen.Thirtle@hmrc.gsi.gov.uk

Netball



Emma.Ross1@hmrc.gsi.gov.uk

Table Tennis



Pauline Long: Tel 0191 2854827

Tennis



miguelvino@hotmail.com

Volleyball



Kenny.Dobson@hmrc.gsi.gov.uk

Wine Tasting



Mark.Simons@hmrc.gsi.gov.uk



**WE NEED
YOU
TO
JOIN US**

Volunteer with us, any help you can give, large or small. For further information contact Terri Nicholson:

terri.nicholson@hmrc.gsi.gov.uk