

HASSRA Sunderland

NEWSLETTER #2

January 2025

Welcome to your HASSRA Sunderland Newsletter!



Every quarter we'll be bringing you news of new offers, competitions, and updates as well as digging deep into the HASSRA vaults to highlight offers and discounts, giving you ideas for upcoming events, and report on any winners we have from HASSRA Sunderland!

If you have any ideas for content or pieces you'd like to see covered in the newsletter, let us know! We're here to bring you the content you want to see.

If you'd like to contribute to the newsletter or want to be featured, just ask!

You can send your ideas, feedback, stories, and anything else, email us here:

hassra.sunderland@DWP.GOV.UK

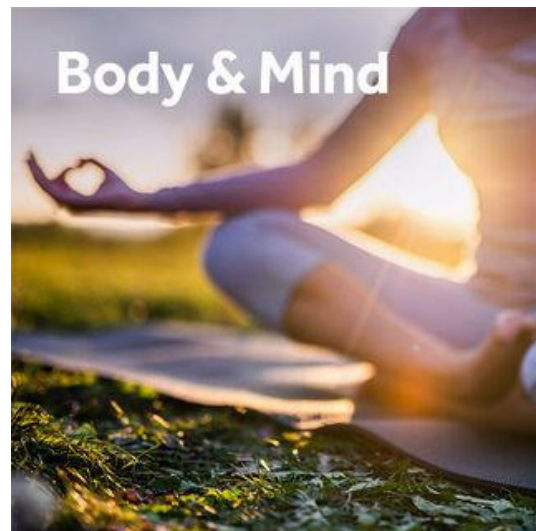
HASSRA Spotlight

In 2025 we are launching our Year of Wellbeing campaign. This year we want to make sure all of our members have access to the tools they need to look after themselves and their families and to make sure they live well.

In this edition of the newsletter we will be highlighting the discounts, offers, and services that can help you make the most of 2025! All of the below can be found on the offers section of the HASSRA site.

Body & Mind

We have a range of discounted gym memberships through HASSRA as well as discounts on spa breaks



Food & Drink

Discounts for food and drink as well as access to the Testcard scheme for even more discounts on restaurants and experiences



Holidays

Exclusive discounts to many holiday companies, cruises, hotel chains, and discounted rates for long and short-stay car parks



Lifestyle

Find experiences and equipment for home and leisure for less with Hassra



History, Museums, **and Days Out**

Access discounts to a long list of theme parks, attractions, experiences, museums, and things to do alone or with the family. This includes heavily discounted access to the National Trust and English Heritage



Life Science Centre



HASSRA members can get **10%** off science centre admission – for both adult and child tickets *Online bookings only. Excludes specific events including Skating and Pre-School Days. Can not be used in conjunction with any other offers. **Please bring proof of employment on the day of your visit.***

Treasure Trails



Treasure Trails are the UK's leading provider of treasure hunt adventures. With over 1,200 Treasure Hunts, Detective Mysteries and Spy missions all over the UK, finding adventures on your doorstep has never been so easy.

Turn a walk into an adventure today with Treasure Trails.

The Trails are just £9.99, but you can make even more of a saving with an exclusive HASSRA 25% discount!

Go Ape



Double the Adventure: Book Treetop Adventure or Treetop Adventure Plus and Nets Adventure for the same day and save £10

Double your Day: Book Treetop Challenge or Challenge Plus and Forest Segway for the same day and save £15

Sunday Funday: Offers groups of 4 or more (any age range) 15% off Treetop Challenge on Sunday only.

Alnwick Garden



The Alnwick Garden is a complex of formal gardens adjacent to Alnwick Castle in the town of Alnwick, Northumberland, England.

25% off the total price

Please note: **The 25% discount is only available on day tickets, and does not include visits to Lilidorei, the purchase of memberships, or evening events.**

Karting Nation and Quad Nation



With both indoor and outdoor circuits to choose from, as well as a mixture of petrol and electric go karts at our venues, why go anywhere else? We can't wait to see you on the track!

7% off online bookings

English Heritage



Individual Adult/Family 1 Adult - £14 saving £58

Family 2 Adults/Joint Adult - £24 saving £102

Senior - £12 saving £54

Joint Senior - £18 saving £81

- Unlimited access to over 400 historic places
- Free entry for up to six children
- Free handbook to plan inspiring days out, worth £10.95.
- Free parking at sites managed by English Heritage
- Free or reduced-price entry to our exciting events
- Exclusive Members' Magazine three times a year
- Members' Rewards – exclusive special offers on great brands

Wildlife Wetlands Trust



A whole new world of discovery awaits you at WWT Wetland Centres. There's trails ablaze with wildlife, canoe safaris through quiet waterways, encounters with some of the world's most endangered birds and adventure playgrounds for little explorers. Add to that, a packed line-up of events throughout the year, cafes serving delicious homemade goodies, and gift shops bursting with take-home treats. Children under 4 are free.

£2 per person saving £8.18 per adult, £6 per junior and £26.50 per family.

Diggerland



Save 25% off pay on the day entry prices when visiting Diggerland this 2025 season (opens 15 February!)

Present your HASSRA membership card together with unique Diggerland voucher on arrival.

[Anytime Gyms](#)



10% off a standard 12-month direct debit or annual paid in full membership.
You can now also try before you buy with a **free 3-day trial pass**.

[Nuffield Health](#)



HASSRA members can get a 7-day FREE trial and 10% off all membership packages with Nuffield Health.

[Pure Gym](#)



As a HASSRA member, you can get 10% off and no joining fee on either the CORE or PLUS monthly membership at over 340+ gyms nationwide!

[The Gym Group](#)



HASSRA Members, unlock your potential with the gym group's corporate membership to one of our 230+ gyms across the UK. the gym group not only offer high-spec kit but also unlimited free classes, highly qualified personal trainers and flexible 24/7 opening times which means you can train before or after work at a time that suits you. plus, you will be joining the UK's first carbon neutral gym chain!

As well as the HASSRA offers available to all members, we have additional discounts just for our HASSRA Sunderland members!

Beamish Museum pass



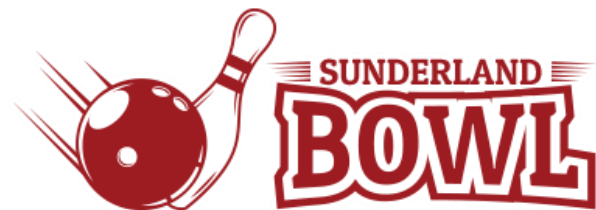
As always our Beamish Museum pass is available for up to 10 people to use every day the museum is open. The pass is very popular so make sure you book up as soon as possible! To book please email the HASSRA Sunderland account or [go here](#).

ATG Theatre Card



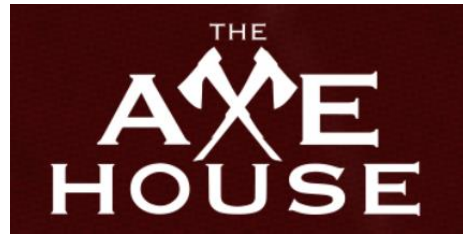
We have an ATG members card which means no transaction fees on tickets and applies to all ATG venues. **To use the card [please email the HASSRA Sunderland inbox](#) for instructions.**

Sunderland Bowl



HASSRA Sunderland members can now get 25% off all online bookings for Sunderland Bowl, which includes 25% off food and drink when ordered through the QR code on the menu. **[Email the HASSRA Sunderland inbox](#) for further instructions!**

The Axe House



We have recently teamed up with The Axe House in Spennymoor to secure a discount for all HASSRA Sunderland members – details of this will be coming soon. Keep an eye on the HASSRA Sunderland site page and teams channel for updates!

Everyone Active



Offer details coming soon!

We have more offers available for our members on our [HASSRA Sunderland page](#) on the HASSRA website.

We also keep our members up to date via a dedicated Teams channel – have you joined it?

We are always looking to find more ways to provide benefits for our members, so if there are any businesses or ideas you have for discounts and partnerships, please feel free to contact us via email to make suggestions or request!

Local Fitness Classes

Our wonderful Clair Metcalfe is running weekly Fitness classes around the local area open to all!

An hour of easy to follow dance routines that gives you a full body workout. Suitable for all abilities as they can be high/low impact, depending on how you feel.

Why not try something new and get out of the house!

Monday

Clubbercise

Venue: Hetton Centre (behind the baths upstairs function room)

Time: 6:30-7:30pm.

Cost: £4.50 per person.

Info: You can just turn up, there is no need to book.

Tuesday

Clubbercise

Venue: St Mary's Community Church
Hall in Easington village

Time: 6-7pm

Cost: £4 per person.

Info: No need to book.

Wednesday

Dance fitness

Venue: The Glebe Centre in Murton

Time: 6-7pm.

Cost: £4 per person.

Info: No need to book, hope to see you there.

HASSRA Competitions

Don't forget that there are always chances to win prizes with HASSRA competitions and puzzles! From event tickets to cash to home appliances and vouchers, you have to make sure you're in it to win it.

Use the QR codes and links below to take you directly to the HASSRA competition and puzzle pages – make sure you log in to see everything!

HASSRA competitions page



Or [click here](#)

HASSRA puzzles page



Or [click here](#)

HASSRA Sunderland Board Members

Chair	<p>Elaine Bates</p> <p><i>elaine.bates1@dwp.gov.uk</i></p>
Treasurer	<p>Lesley Currey</p> <p><i>lesley.currey@dwp.gov.uk</i></p>
Deputy Treasurer	<p>Leanne Ross</p> <p><i>leanne.ross@dwp.gov.uk</i></p>
Secretary	<p>Kendall Wilson</p> <p><i>kendall.wilson@dwp.gov.uk</i></p>
HASSRA representatives	<p>Ann Cook</p> <p><i>ann.cook2@dwp.gov.uk</i></p> <p>Claire Metcalfe</p> <p><i>claire.metcalfe@dwp.gov.uk</i></p>
Board members	<p>Andrew Purvis</p> <p>Joannah Taylor</p> <p>Joanne Reavey</p> <p>Rebecca Barr</p> <p>Stacey Harrison</p> <p>Michelle Croan</p> <p>Victoria Mullender</p> <p>Tracey Foster</p> <p>Jo Pocock</p>