**HASSRA South East web-site:** www.hassra.org.uk/south-east **HASSRA South East Email:** hassra.southeast@dwp.gov.uk

**July 2023** 

## **Competitions**

- New Quiz! The 'What year?' quiz is now on HASSRA Live 'Competitions'. Your chance to win a £100, £50 or £25 Love2shop voucher!
- **June Yacht Race** Go to the 'Winners' page in the next few days to see who won.
- ◆ £10 Love2shop vouchers up for grabs! The next race will be in December and will involve elves - if you have any ideas on how we can lose some of them each day please let me, Maggie, know by emailing me by clicking **HERE** (be nice, it'll be Christmas after all!). There will be a £10 Love2shop voucher for every idea that is used. I already have on my list: 'Riding reindeer', 'Doing a balancing act', 'Riding a train', 'Playing 5-a-side football', 'In the toy room', 'Looking Elvish' (Ray will understand this one!), 'Eating too many mince pies / Xmas cake / sausage rolls etc.' and 'Going to the cinema' - so these won't count!

**Maggie** 

## **Sports and Social Events**

HASSRA September Festival – We need the following participants:

2 people for CHESS

1 x DARTS Male / 1 x DARTS Female / 1 Team of 3 for DARTS (If popular a qualifier will be conducted). 4 people for FITNESS WORKSHOP

1 x Female GOLF (qualifier conducted and need another competitor in Female

competition) 10 x Female NETBALL

2 people for PHOTOGRAPHY WORKSHOP 1 Team of 3 for PICTIONARY

1 person for SNOOKER

1 Male TABLE TENNIS / 2 Female TABLE TENNIS

Venue is Warwick University

The dates for Festival are 8<sup>th</sup> to 10<sup>th</sup> September 2023

Travel costs are met by HASSRA

Food and accommodation supplied at the University for FREE.

What have you got to lose?!

## Expressions of interest to: <a href="mailto:dave.philp@dwp.gov.uk">dave.philp@dwp.gov.uk</a> for all events except NETBALL as these

go to tracy.poling@dwp.gov.uk

**2023 APRIL CHALLENGE -** 116 entries – a record! – eventually producing 90

individual results .....and with 10 different clubs taking part, this year has been our most successful April Challenge yet. We measure success in the numbers (90) taking part, covering as much distance as they

can (14228.5 Kms) to help raise money for local charities in our region. The total that was travelled was enough to get us from the traditional starting point for

many foreign adventures, DOVER, all the way across the world to somewhere on the

Brand Highway just south of the port of Geraldton in the heart of Western Australia's sea fishing region. A lovely part of the coast that I have been fortunate enough to visit several times (usually when England were getting hammered at the cricket!!) and only a few miles north of the wonderful city of Perth and the Swan River valley Anyway, enough reminiscing .....I am sure you can all think of other places reached by this total – do let me know what you come up with.

There were some fantastic efforts by clubs - GATWICK DIAMOND taking the honours this year with 27 participants racking up 3686.9 Kms, closely followed by WORTHING and then SOUTHAMPTON.

per day!!) Although, as always, it is the taking part that is important. As they say "every little

"SILVER" and thirty five "BRONZE" - led by Mick BRIGHTON with a final total of 468.5 Kms (an average of 15.61

Individually, we have eight "GOLD" participants, twenty four

helps" and you should all be very proud of your contributions to the final total going towards local charities in our region. Any stories of how you went about the Challenge would be most welcome - please send to Maggie at <a href="mailto:carolinecrescent@hotmail.co.uk">carolinecrescent@hotmail.co.uk</a> as she would love to publish them. To start you off, here is a great picture of Bailey who helped Antoinetta from WORTHING do 121 Kms for the Challenge – well done to you

both! Many thanks for all your efforts......watch this space for next year......and encourage more of your colleagues, families and friends to join in too! **HASSRA Bowls Pairs** – Due to insufficient numbers being available, a decision has

been made to cancel this event this year. If anyone is interested in playing in the future, whatever your standard please get in touch with Chris Rolph, out Bowls Organiser ideally via email - <a href="mailto:curryhoop@googlemail.com">curryhoop@googlemail.com</a>. Novices are welcomed and equipment can be provided. HASSRA Bowls Singles - Thursday 20th July at White Rock Gardens, Hastings. This event has sufficient numbers and will take place, and it is still not too late to take part.

following entry. Theatre Tickets – We have tickets for 'We will Rock you' for 10<sup>th</sup> August, 19.30 performance. The tickets are £50 for HASSRA members and £55 for non-members - they are very good seats at the front of the

Entry is via HASSRA Live and full details of timings and venue details will be sent

News HASSRA Day 2023, MESSAGE FROM THE CHAIRMAN: It was great seeing so many of you yesterday in Teddington - competing, laughing and enjoying yourselves - so

hope you all went home happy and energised.

stalls! Please email **Julie.stirling@dwp.gov.uk** to reserve

your seats! Payment by 2<sup>nd</sup> July please!

QUEEN Ben Elton sincere thanks to every one of you for coming along and joining in the fun. I still think it is one of the only (if not THE only) morale boosting events available to you these days and I

failing to convince local management to change their minds. I tried my best but my influence these days - a retired has-been with no clout whatsoever - cuts no ice with those who think they know better. I think it is a real shame but thank God they are in a small minority. I am referring the matter to the T.O.T.O. who appear to be genuinely supportive and proud of the Management\HASSRA partnership which exists. If nothing else, they need to be made aware of the problems we run into from time to time. Thanks again to you all and I can't wait to enjoy your company again.

A BIG 'Thank You' to all attendees at HASSRA DAY and those helping make it another

To those who could not attend because you were stopped, I offer my sincere apologies for

successful day. I hope you all enjoyed the day.

Congratulations to all our winners and everyone for taking part.

Dave P

Paul W. Chairman, HASSRA SE

## Information

> Regional Facebook site: Click here Office name / HASSRA Live membership number are required.

➤ HASSRA presentations at local Well Being sessions: Presentation PowerPoint Click here.

- > National Offers: Click here One cinema ticket could recoup a months membership cost!! ➤ The 2023 Calendar of HASSRA South East events: Click here.
- To view earlier Newsletters: Click Here To view the winners of the SE competitions and Events: Click here

Maggie Smith (Editor)