HASSRA South East

OCTOBER 2025 I Issue 91

NEWSLETTER

Competitions Festivals Theatre/Trips Club Info Useful links

Christmas Race 2025 – Yes, Christmas is fast approaching! You must have realised that when you saw Christmas chocolates in the supermarkets last Easter!

This year HASSRA South East have got Snowmen trying to get to Christmas Eve! All you have to do to win Love2shop vouchers is to go to **HASSRA Live 'Events',** sign up your snowman and give them a name **(no longer than ten characters!!!)** plus a colour for his hat and belt – no stripes or dots etc. please. Prizes include one **£100** Love2Shop voucher, two **£50** Love2Shop vouchers and four **£25** Love2Shop vouchers. Registration closes midnight, Sunday 9th November. The progress of your snowman will be shown on the HASSRA SE Facebook page and the HASSRA SE Website from 1st December.

Good luck everyone!

'Cirque du Soleil Ovo' and 'Oliver'

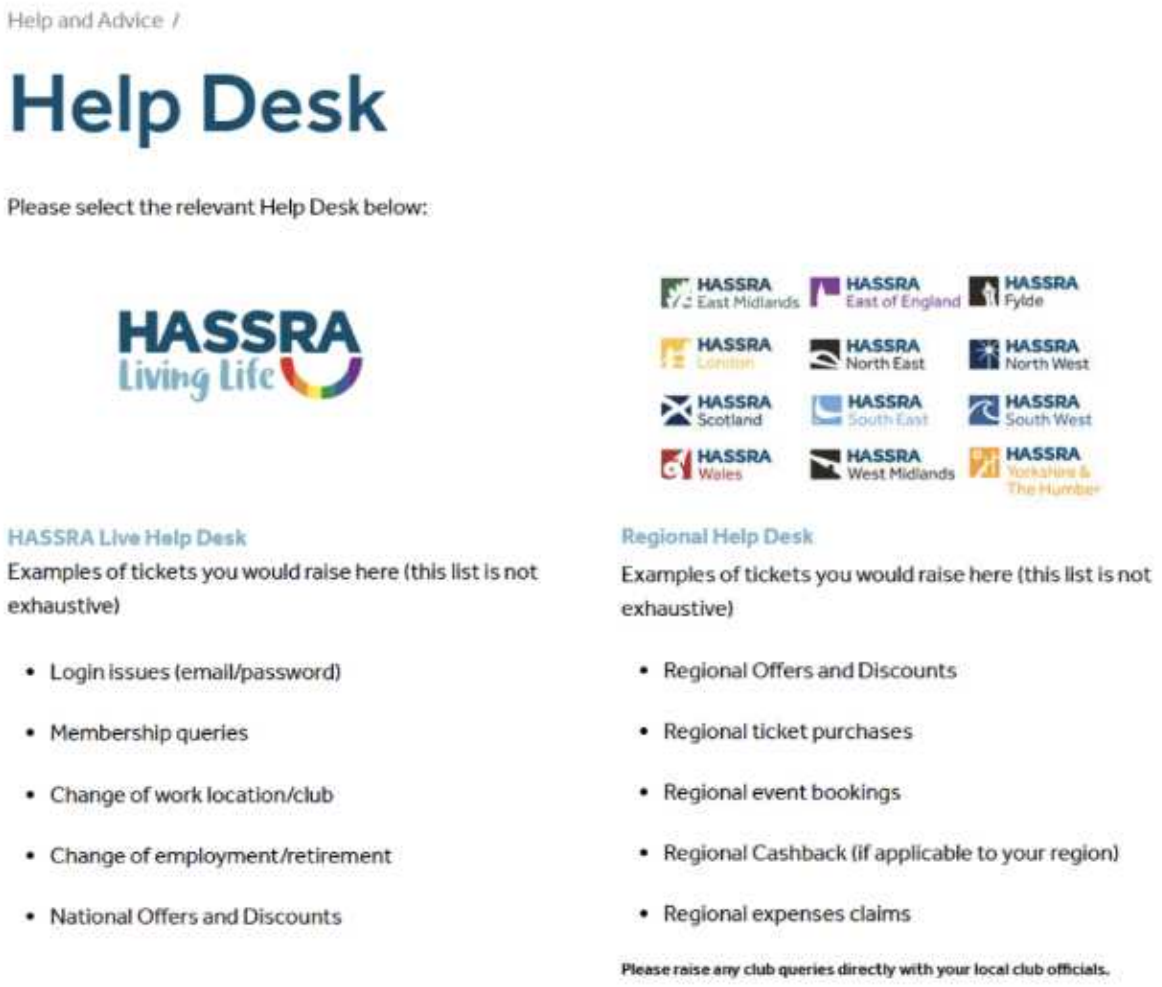
Please note: All the tickets to these two shows are now sold out!

Changes to the way Regional Queries are dealt with

From Monday, 6th October we are changing the way in which HASSRA-related queries are dealt with at a regional level.

Alongside the familiar HASSRA Live Help Desk, we are launching a new Regional Help Desk which enables you to ask your region questions in the same way, about things that are happening in your local area.

It's easy to find, located next to the main HASSRA Live Help Desk, accessed via the speech bubble at the bottom-right corner of every page on the website.



The Regional Help Desk has been successfully trialled with two regions, South West and West Midlands, over the last couple of months, and we expect a seamless transition for all regions. When you submit a ticket, please remember that your query is being dealt with by volunteers who are undertaking this role alongside other work and domestic commitments. Please be courteous in your request and patient while awaiting a reply.

For club-related matters, please continue to speak to your local club officials.

This replaces the current HASSRA South East mailbox for queries

Many thanks for your ongoing co-operation. Kind regards HASSRA.

HASSRA South East 2025 Running Competition

Our annual competition will again be a “virtual” one

Open to ALL South East members, it is a 5 kilometre run (or Walk) which must be done between Saturday 25th October and Sunday 30th November

It can be done anywhere but must be in an organised event that gives you an official time which can be verified by the HASSRA organiser (Andy Bashford)

A good way to do this is by taking part in a Saturday morning parkrun – free to enter, there are many in the South East and indeed, all around the UK and across the world. Check out Parkrun UK for details of locations and how to take part...but you can use any organised 5K event as long as it is within the period above

As this is our Regional Championship, there will be prizes for 1st and 2nd fastest in the Male and Female categories (as per UK Athletics) but to give everyone a chance there will also be a number of prizes given to those drawn at random from all official times submitted

So what have you got to lose? Find an event, lace up your trainers, give it your best shot, send in your time and you could be a winner…you never know, you might like it and want to do it again – parkrun is every Saturday morning and it is free!

Sign on at HASSRA Live ‘Events’ by November 23rd and then send your results to andybashford71@gmail.com by midnight on Wednesday 3rd December

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Photography Competition!

Still time to get in your photos for this competition!

Categories: – Landscape, Portrait, Animal and Sunset/Sunrise.

Prizes: £50 Love2shop voucher for the first in each category, £25 Love2shop voucher for the runner-up in each category and £50 Love2shop voucher for the overall winner.

For the rules by click **HERE**

Send your photographs to me, Maggie, by clicking **HERE.** The competition closes **midnight, Sunday 12th October.**

Male and female Cricketers wanted!

HASSRA South East are now looking for male and female Cricketers to take part in the annual Inter Association Mixed Indoor Cricket competition taking place at Willows Sports Centre, Derby on 1st November 2025.

Please send expressions of interest to Dave by **clicking here** **by October 3rd at the latest** if you would like to attend.

Curling Taster for Friday 28th November 2025

We are running this again, sign on at **HASSRA Live!**

Back from the past...

Have you got any photos of old HASSRA items you'd like to share with us? If so, please send them to **Maggie.**

Surf 'n' Turf	Viva Las Vegas

Medals from the 2007 Special Event, 'Surf 'n' Turf'.
Photo kindly donated by Clint Williams

Postcards from HASSRA South East's special event 'Viva Las Vegas'

South East Spotlight is your space in our monthly newsletter where we showcase the amazing achievements of our community.

Whether you've:

📸 Won a photography award, 📚 Published a novel, Run the entire length of Africa, 🎨 Exhibited your artwork, 🎤 Spoken at a major event, 🌍 Made a difference in your local community

…we want to hear about it!

Just drop the editor an email by **clicking here** with a short description of your achievement, a photo if you have one, and why it matters to you.

You bring the spotlight - we'll make sure it shines!

Online SEView Bulletin

Disclaimer

Please note that it is normal practice for us to take photographs at HASSRA events for the benefit of others, so unless an individual specifically requests that their photograph does not appear anywhere it will be assumed that there is no objection.

Useful Links

Useful South East HASSRA links
Updated

Maggie Smith

(Editor Monthly Newsletter)

HASSRA South East web-site:
www.hassra.org.uk/south-east

The Next HASSRA South East NEWSLETTER will be out on November 1st.

Maggie Smith (Editor)