

# HASSRA South East

HASSRA South East web-site:

[www.hassra.org.uk/south-east](http://www.hassra.org.uk/south-east)

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## September 2023

### *Competitions*

- ◆ **Red Letter Day!**: 'Red Letter Day' is back again!. Go to HASSRA Live / 'Win!' / 'Red Letter Day' and tick 'Yes!' for a chance to win a £250 'Red Letter Day' voucher. [Click here](#) to view the fantastic things you can do with your voucher if you win! There will be ten winners.



- ◆ **HASSRA South East Rugby World Cup predictions competition:** Free to enter! Log into [HASSRA Live](#) and complete your predictions.

In the event of two or more entrants achieving the same score, the tie breaker will determine positions.

Prizes:

£100 Love to Shop Voucher for the highest points scorer

£50 Love to Shop Voucher for second and third highest scorers

£25 Love to Shop Vouchers for places fourth to seventh.

Cut off date for entries: **Friday, 8<sup>th</sup> September**

- ◆ **Photography Competition** – Cut-off date for entries: **Sunday, 10<sup>th</sup> September**. [Click here](#) for details and rules.

### *Sports and Social Events*

- ◆ **Running Championship 2023** - We are trying something different this year, a "virtual" format for running that we hope will encourage more members to take part! As with England Athletics, there will be MALE and FEMALE categories – and the distance will be 5 kilometres for everyone! Click here for further details! [Click here](#) to sign up on HASSRA Live.

### *Information*

- **Charity Champion** - Send charity details to Tracy by [clicking here!](#)
- **Regional Facebook site:** [Click here](#) Office name / HASSRA Live membership number are required.
- **National Offers:** [click here](#) One cinema ticket could recoup a months membership cost!!
- **The 2023 Calendar of HASSRA South East events:** [Click here](#).
- **HASSRA presentations at local Well Being sessions:** Presentation PowerPoint [Click here](#).
- **To view earlier Newsletters:** [Click Here](#)
- **To view the winners of the SE competitions and Events:** [Click here](#)

[Maggie Smith \(Editor\)](#)

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