HASSRA W.M. NEWS

October 2020



National Lottery Winners:

Congratulations to the latest West Midlands HASSRA national lottery winners in the **September 2020** draw:

£1,000: Gillian Henderson (Walsall Service Centre)

£500: Anita Devi (Birmingham Ravenhurst)

£500: Anonymous winner (Birmingham Five Ways House)

£250: Anonymous winner (Birmingham Five Ways House)

£250: Anonymous winner (Walsall Service Centre)

You can view the latest lottery winners in full at www.hassra.org.uk/lottery-results

Coming Soon - HASSRA Christmas Free Member Draw

HASSRA West Midlands will soon be giving away £3,000 in our Christmas free member draw. We will be selecting **150** members at random from the West Midlands regional database to each receive a £20 Love2Shop gift card. Members will be informed by email of their win and will have a set time in which to claim their prize.

A full list of winners will be contained in the November newsletter.

Virtual London Marathon

Congratulations to HASSRA member Debbie Osborne from Telford Newtown House, who took part in the virtual London Marathon on Sunday 4th October.

Debbie was also able to enter an official marathon as well, taking part in the Dorney Lake Marathon in Buckinghamshire, home to the London 2012 Olympic rowing events.

Debbie said, "I was raising money for Look UK, a small charity that supports children and young adults who are blind or partially sighted. I spent the last 18 weeks training as I was desperate to beat 5 hours. I am delighted to say, that despite wet and windy conditions, I achieved 4 hours and 45 minutes."

To date Debbie has raised £1,994 for Look UK. Congratulations Debbie on your fantastic achievement!



Join the HASSRA National Lottery TODAY!

The HASSRA Lottery has a total of £55,000 in cash prizes up for grabs every month

You can opt to buy anything up to a maximum of 20 numbers at £1.00 each per month.

Each month we give away:

- A top prize of **£12,500**
- 4 prizes of **£2,500**
- 15 prizes of **£1,000**
- 25 prizes of **£500**
- 20 prizes of **£250**



Payment for lottery shares will be made by monthly deductions from pay or pension in the case of members whose payroll or pension provider makes deductions on behalf of HASSRA or by annual payments in advance in the case of ordinary and associate members who cannot pay by deductions from their pay or pension.

To join, simply visit your HASSRA Live online account.

You have to be in it to win it!

HASSRA West Midlands Online Quiz

The HASSRA West Midlands online quizzes have now moved to monthly for the remainder of this calendar year. Our October online quiz took place on Wednesday 14th October and our winners are detailed below:

Winner	Wednesday 14 th October
1 st Place (£40)	Robbie Miller (Oswestry JCP)
2 nd Place (£20)	Cassie Hanmer (Telford Newtown House)
3 rd Place (£10)	Dave Walklate (Newcastle Under Lyme JCP)
Random Draw Winner (£10)	Rachael Troy (Telford JCP)

Quizzes start at 7.00pm and last approximately 30 minutes. To take part you will need to sign up to Myquiz.org. We will send you the participant code to enter on the day of the quiz. There is no need to download an app, creating an account is fast and easy. For each guiz the prizes will consist of Love2Shop vouchers to the following value:

Plus we will draw one person outside of the top 3 to win a £10 prize.

Join us for the November guiz on Wednesday 11th November 2020.

Our December quiz will be Christmas themed, with more prizes on offer. Make a note in your diaries for the Christmas quiz on Wednesday 9th December 2020.





HASSRA national membership stands at

58,213

(A decrease of 1,622 on the previous quarter)

Data to 30/06/2020

HASSRA West Midlands membership stands at

4,509

(A decrease of 255 on the previous quarter)

Data to 30/06/2020

SHOPtober Competition Winners

Our October, or should we say SHOPtober competition, gave away x20 £20 Marks and Spencer gift cards in our latest *'fun and free'* competition. A total of 378 members correctly answered that Marks and Spencer started as a penny bazaar in Leeds in **1884**. Our 20 lucky winners, selected at random are detailed below.

Winner	Location
Debbie Picken	Telford Newtown House
Roana Begum	Birmingham Sparkhill JCP
Wendy Clarricoats	CFCD Nuneaton Debt Centre
Clare Cheshire	CFCD Nuneaton Debt Centre
Amanda Green	Bilston JCP
Linda Parkes	CFCD Rugby
Kim Rees	Coventry Cofa Court JCP
Sarah Fisher-Bayliss	Telford Newtown House
Satish Banga	Birmingham Five Ways House
Sandra Davies	Birmingham Five Ways House
Andy Kent	CFCD Nuneaton Debt Centre
Emily Unitt	Walsall Service Centre
Stuart McCambley	CFCD Bilston
Seamus Brannigan	CFCD Coventry Cofa Court
Paul Cartwright	Walsall Service Centre
Rebecca Nicholson	Telford JCP
Jennie Whatsize	Coventry Cofa Court
Steven Paling	Birmingham Ravenhurst
Debbie Manifold	Tipton JCP
Mandy Spruce	West Bromwich JCP

The fortnightly online quizzes attracted **2,369** entries between June and September 2020.

Awarding prizes to the value of

£10,680.00

Between May and September 2020, HASSRA lockdown grants were awarded to **553** local clubs. With a total award of

£125,362.00

MacMillan Coffee Morning

HASSRA members at Nuneaton Debt Centre held a socially distanced coffee morning in support of MacMillan Cancer on Friday 25th September, raising £336.24 for charity.





HASSRA Cycling Challenge

Over the past few months the HASSRA Cycling Challenge has been encouraging members to share their cycling stories to encourage and inspire other members to get involved. Several West Midlands members were selected as winners in the Advanced and Intermediate categories, here are their stories.

Advanced: Andy Clarke (winner of £100 Love2Shop vouchers)

Cycling has been a real life saver for me since lockdown. As soon as COVID hit, I was lucky enough to be able to work from home. I say lucky - I am a social animal and very quickly missed the day to day contact with colleagues in the office, and I found that it was difficult to separate my work day from relaxing in the evening. This is where cycling came to the rescue! As soon as my work day finishes,



I try to go out on my bike. I started off doing what I class as shorter rides of around 20 miles and have built up since March. In previous years, I have commuted to and from work as the days got longer and the weather improved, but this year it has really helped me switch off from work. When I am out on my bike, I feel free. I concentrate on what gear I am in, what the traffic is doing and the countryside around me. I switch off. I have lost weight, gained fitness and loved every second, and I get home and am able to relax quickly and sleep better. My friends have got bored of my Facebook selfie posts, but they have all been really supportive. It's got to the stage now that less than 30 miles feels like a rest and I recently had a 7 day period where I did 433 miles! I have done almost 4,200 miles since lockdown and worn out multiple parts on my bike! Any exercise is good for your health and being part of the HASSRA Cycling Sportive has helped to encourage others and forged links with other members that help us to encourage each other! It's a great idea and one that we intend to keep going long after the challenge has finished.

Advanced: Osian Hughes (winner of £30 Love2Shop vouchers)

This has been my favourite mountain bike ride for the last 10 years since moving to the area. I enjoy this ride with my lads and also a great fitness workout on my own (usually one of the loops and 40 minutes). This ride includes crossing the border in Llanymynech to the Lime Kiln Heritage Centre, following many choices of different paths around the centre to join a canal path passing below the village



of Pant. Slow progress up a very steep climb into Pant, crossing the main road before the climb up to the rock face. There are several paths and small tracks to explore, including a great viewpoint where you can see several miles into Wales and England - on a clear day, seeing Breidden Hills, The Wrekin and much further. I am so lucky to live in an area where there is so much to see and great places to explore.

Intermediate: Jo Jones (winner of £40 Love2Shop vouchers)

I joined the HASSRA Cycling Challenge to give me some inspiration to get on my bike a bit more. I went on a local ride with a friend who lives further afield and as we had to ride past Lilleshall Abbey I thought I'd take a pit stop as she'd never been before and so we got some great photos. We cycled 15.17km in total on our mountain bikes on this route.

