The magazine for HASSRA members

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HASSRA orkshire & he Humber



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Hit the road in style with Hassra Livelife Big Prize Giveaway

Is your bike in need of an upgrade?

Fancy getting some accessories to make you King of the Road?

We have **8 Halfords Bike Hut vouchers, each worth £500**, to give away in our latest Livelife Big Prize Giveaway!

Eight lucky winners will each have £500 to spend on a bike (and accessories) of their choice from Halfords Bike Hut.

If you've not done so already, make sure you register for an account on the **HASSRA Online Shop** and **subscribe to the** HASSRA Online Shop Newsletter to be in with a chance of winning.

Not only is it the way to win one of these amazing prizes, it is also the only way to find out about our exclusive discount codes and offers, as well as ordering cinema e-Codes and tickets for your favourite theme parks and zoos.

You must be a HASSRA Online Shop account holder and newsletter subscriber by Sunday 9 June 2019 to be included in the prize draw.

halfords



Terms and conditions: *July summer holidays 7 nights for the whole family from £599 plus your EMB saving is based on 7 nights (Fri-Fri) arriving on 19 July at selected parks. Exclusive Member Benefits discounts are exclusive extra savings which you can combine with our general offers and will be added on after all other discounts have been taken in to account. Save an extra 5% applies to school holidays and bank holidays. Save an extra 10% applies to all other dates. These additional savings apply to all dates, all grades of accommodation and touring and camping when booking a minimum of three nights. These offers cannot be used in conjunction with any other offer, third party discount, group bookings or voucher and must be booked direct with Haven. To get these offers visit www.haven.com/emb_hassra or call our contact centre on 0333 202 5247 and quote EMB_HASSRA at the time of booking. Please note: Your discount code cannot be added direct with eaven. To get these oboking has been made. Offers apply to new bookings only for arrival dates in 2019, and are subject to the full booking canditions stated on www.haven.com/emb. availability and may be amended or withdrawn at any time without notice. For all terms and conditions, including call charges, please visit www.haven.com/terms or visit www.haven.co

HASSRA Living Life

Welcome to the second livelife magazine of 2019

It has been a busy start to 2019 and, thankfully, it's now daylight at the beginning and the end of the working day. Well, at least one of them! The HASSRA National Team are busy preparing for the upcoming Conference and Annual Awards Evening which this year is heading back to York.

In this issue, see how our reigning Volunteer of the Year became involved in HASSRA volunteering. Maybe you can give something back too.

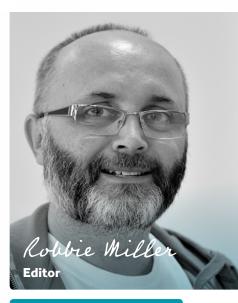
Find out how you can remain a HASSRA member even if you leave your current job. Plus, NHS staff and many staff from other departments can now join HASSRA. Check out page 7 to see if you know anyone who is eligible.

As our deal for massively discounted full English Heritage membership reaches its first anniversary, HASSRA members can join or renew at the same amazing price as last year. Check out page 8 for full details. Plus, if you are down in 'the smoke', why not try out our great new offer at Royal Museums Greenwich. Find out more on page 10. Our recently-introduced Sky Store offer is now even better, with nearly 40% off RRP. Have a look at page 9 to see exactly what you can now save.

In our latest Big Prize Giveaway, there are eight chances to win a £500 Halfords Bike Hut voucher. This requires you to be an Online Shop account holder and a subscriber to the Online Shop Newsletter. See page 2 for details.

This issue has many more chances to win big prizes – Men's Singles Final tickets in the HASSRA Wimbledon 2019 Ballot, a year of popcorn and drinks with Cineworld, a family trip to Warwick Castle to see The Falconer's Quest, and up to £100 in Amazon vouchers with Commsave Credit Union.

Finally, our thanks go to CSIS, once again, for their ongoing sponsorship of the HASSRA Development Scheme. Read page 6 to see how the Scheme has helped two of our members reach new heights in their chosen field. Maybe you can also get the help you need!



Let's continue to make HASSRA bigger and better in 2019 and beyond.

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ENGLISH HERITAGE



Royal Palaces

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Take a step forward for HASSRA

HASSRA membership doesn't only have to be about offers, discounts and trips. You can also volunteer and become an integral part of the Association. We spoke to HASSRA Volunteer of the Year, Simon Jowitt (HASSRA Fylde), to find out what he does, and why.

How long have you been a HASSRA member?

I became a HASSRA member when I joined DWP back in 2000.

How long have you been a HASSRA volunteer?

Initially I was a board member of my site club for a couple of years in the early 2000s, then after a bit of a break I joined the Fylde Board of Management (BoM) in 2010.

What led you to becoming a HASSRA volunteer?

I was friends with the Chair of my local HASSRA club and she needed more people involved, so I agreed to help out. It wasn't long before another friend asked me to help organise a charity football tournament which was a great success. Following this, I was asked to join the Fylde BoM and it was then that my HASSRA journey really began.

In which part of the organisation do you volunteer?

I sit on the Fylde BoM, as well as being Chair of the Competitions & Events sub-committee and the Communications Lead for the region.

What sort of things do you do for HASSRA?

How long have you got? I organise a number of regional events throughout the year, whether that be a Festival qualifier or a "taster" event.

I oversee two regional email boxes and run the social media side of things, both in and out of work, so I am answering queries on a daily basis from members wherever I may be.

I am the Fylde Team Manager for the HASSRA Festivals putting the Fylde competitors and teams together for all the different events.

I oversee all the regional kit and merchandise, and any purchases that are needed.

I run stalls at Wellbeing Events and give presentations to staff when needed,

> l organise the Annual Awards Dinner for around 150 members and also arrange the Regional AGM. So just a few things!!

How much of your time do you spend doing HASSRA related volunteering?

Too be honest a lot of the time, whether it be planning an event, running an event, answering a query or posting something on social media there is always something that needs doing. However, as strange as it seems, I love it.

If you are a volunteer outside of HASSRA, what other volunteering do you do?

Being Dad to a 9-year-old girl and a 4-year-old boy, all their activities don't leave too much spare time. However, I am very much into politics and intend to stand for council in the May local elections.

How have you benefitted from being a HASSRA volunteer?

More than I could ever have imagined. It has become such a big part of my life and allowed me to participate in a range of events I never thought possible, meet many people from across the country and make some very good friends.

And I even met my wife at a HASSRA Cheese and Wine Evening!

What skills have you gained/ developed from being a volunteer? It has certainly helped improve my Excel skills with the number of

spreadsheets I have for all the different things!!!

I like to think that what I do in HASSRA has helped me unlock skills I never thought I had, such as speaking in front of a room full of people. It has also given me confidence in dealing with people in my day job.

Why would you recommend volunteering with HASSRA?

I would recommend volunteering because without volunteers a lot of what members benefit from just would not happen. Plus, you will be surprised how much personal satisfaction you get from it.

What is the best thing about being a HASSRA volunteer?

It is difficult to pick out just one thing, but I would probably say the immense satisfaction I get from seeing people enjoying themselves at an event, function or trip that I have organised or helped out at.



Win Big with the HASSRA Lottery!

With a total of £55,000 in cash prizes every month, the HASSRA Lottery could change your life.

65 fantastic prizes every month; including a top prize of £12,500, 4 prizes of £2,500, 15 prizes of £1,000, 25 prizes of £500 and 20 prizes of £250, giving you plenty of chances to win each month.

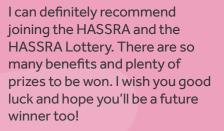
You can opt for up to a maximum of 20 shares @ £1.00 each per month. Payment is made directly from pay or pension or by annual payments in advance for members who cannot pay by deductions from their pay or pension. Once you join there's nothing more to do because we'll automatically enter your numbers every month. We'll even let you know when you win. Read on to see how winning a prize in the HASSRA Lottery made a real difference to Lynne Moore (HASSRA Wales), one of our lucky winners:

I joined the HASSRA Lottery 13 years ago when we set up a HASSRA club in our new Contact Centre in Bangor. In the first few years we had multiple winners including three 'jackpot' prizes which, at the time, was a marvellous Mini Cooper. Last year, one early November morning, I opened an email from HASSRA asking me to contact them as they had some good news. I just thought I might have won £100 or so. I couldn't believe it when I was told I'd won £12,500. My husband (and dog) must have thought I was going mad when I started to jump around the kitchen.

"I can definitely recommend joining HASSRA and the HASSRA Lottery" As you can imagine it was a such lovely surprise just before Christmas.

Anyone who knows me well will have predicted my first purchase would be new pair of shoes or boots..... and that's exactly what I did buy! But that was just the start of it. Tickets to see Hugh Jackman, Take That and more recently Barbra Streisand in Hyde Park, plus a weekend away in Edinburgh which was lovely - especially as we were able to celebrate Wales winning the Grand Slam and Scotland retaining the Calcutta Cup.

I'm currently planning a summer holiday and will also be going away in the autumn on a "Moore's Tour" with my girlfriends to celebrate a friend's 50th birthday in style.



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livelife HASSKA Development Scheme



The HASSRA Development Scheme has been in operation for over 30 years, providing financial support to individuals who want to develop their skills where this would involve an expense they would find difficult to meet.

Michael Jacob (HASSRA London) tells us how the Development Scheme has helped him develop his passion for Fencing.

"Having only been a HASSRA member for a short time, I was excited to read about the Development Scheme and thought I'd take the chance and apply. To my delight, my application was successful.

In 2018 I've been in four international events in Amsterdam, Ghent, Reykjavik and London, with mixed results. I've taken part in two British events, then peaking with a Bronze in the Irish Open.

I am now the reigning CSSC Sabre Champion after recently winning this event at the CSSC Fencing Championships. Next year I might actually enter all the events!

I hope to qualify for both the Euro and World Championships if my form continues to improve through early 2019. I can't thank the HASSRA enough for the support the

Development Scheme has given me along the way."

Unfortunately, a back injury has since hampered Michael's season, but he's not let that stop him completely. He has continued to run coaching sessions for juniors, even taking them to an international event in Wroclaw, Poland.

Graham Dobson (HASSRA Y&H) applied to the Development Scheme to help him join the England Team at the Over 50's Football World Cup in Thailand last November. He tells us,

"At 51, you can be excused for thinking your best football days are behind you, so to receive an email out of the blue asking you to represent England in the over 50's World Cup in Thailand was a dream come true.

Our opening game was our only defeat, going down 3 -2 to China - kicking off at 2pm in 39°C heat was challenging, to say the least! The following day saw us play the hosts Thailand and despite leading we conceded an equaliser in the 7th minute of injury time to draw. Our third opponents were USA and we hammered them 6-0 to see us finish 2nd in the group, missing out on the final courtesy of the injury time equaliser conceded against Thailand. It did however see us qualify for the third place play-off. Bizarrely, we faced the USA again and despite carrying a number of injuries we ran out comfortable 2-0 winners to secure third spot.

On our 'rest day' we spent the afternoon coaching local schoolchildren which was broadcast live on the local news.

All in all, it was a fantastic experience. To be in the starting line-up for all four games, to pull on the hallowed England shirt, stand in the tunnel and hear your name over the PA system and to stand and hear God Save the Queen being played is something I'll never forget. (Oh, did I mention Miss Thailand made the presentations?!)

Many thanks for the generous grant awarded to me by the HASSRA Development Scheme".

Find out how you can make the most of your membership and check out the HASSRA Development Scheme on our website.







You may be moving on... but you can stay in HASSRA!

HASSRA's **National Associate Membership Scheme** (NAMS) allows you to remain a HASSRA member even after you leave your qualifying employer.

So if you are about to move to another government department or are leaving the civil service altogether on an exit scheme, visit **HASSRA NAMS** to find out how you can stay within the HASSRA family and continue to enjoy our full benefit package. From regional trips and events to HASSRA Festivals,

So spread the word with friends, family and colleagues. Get on board with HASSRA!

plus our offers and discounts, like massively discounted cinema & theme park tickets and subsidised FULL English Heritage membership - and you can still retain membership of the fabulous HASSRA Lottery!

All NHS Trust staff and anyone who is co-located with DWP or DHSC staff can also be become **HASSRA NAMs**.

A YEAR OF POPCORN AND DRINKS!

To enter:

Buy any Cineworld popcorn and drink eCode before 9th June for your chance to win.

Visit the HASSRA Online Shop and search 'Cinema' to get your eCodes.

T&Cs apply.







English Heritage Membership

HASSRA members who purchased FULL MEMBERSHIP of English Heritage in 2018 can renew their subscription at the same fantastic rates as last year, due to a generous subsidy from HASSRA.

As an English Heritage Member you will enjoy:

- unlimited free access to over 400 historic places for a whole year.
- an award winning Members' Magazine delivered four times a year.
- a complimentary full colour handbook worth £10.95
- exclusive offers throughout the year.

Renew now at 2018 Prices

• free or reduced price entry to hundreds of historic events.

There is a membership type to suit everybody:	
Family 1 Adult (1 adult and up to 6 children)	£13.00
Family 2 Adults (2 adults and up to 12 children)	£22.00
Individual Adult (1 adult aged 18 years+)	£13.00
Individual Senior (1 adult aged 65 years+)	£11.00
Joint Adult (2 adults aged 18 years+)	£22.00
Joint Senior (2 adults aged 65 years +)	£17.00

If you are an existing member of English Heritage, you will receive a letter and replacement card through the post a few weeks before renewal is due, directly from English Heritage.

Once received, just visit the English Heritage page on the HASSRA Online Shop and select your chosen membership type. Answer 'yes' to the question 'Are you an existing Member of English Heritage?' and complete the payment process. Your replacement card will not be activated or accepted at any site until this action is complete.

Don't forget that renewal of your FULL English Heritage membership also gets you FREE ENTRY to Cadw and Historic Scotland sites!!!

Not taken advantage of this great offer yet? Don't worry, HASSRA members can still purchase FULL **MEMBERSHIP of English Heritage** via the Online Shop, where you will receive 50% off access to CADW and Historic Scotland sites in the first year.



Is Welsh history more your thing?

Why not take up FULL Cadw Membership with more than 70% off the regular price, with a fantastic subsidy from HASSRA?

With free access to more than 120 Cadw sites, plus 50% off English Heritage and Historic Scotland sites in the first year and free entry upon renewal of membership, this is a fantastic deal for HASSRA members.

In addition, you get free entry to Manx National Heritage properties, 10% discount in Cadw shops plus exclusive offers, newsletters and magazines,

With membership ranging from £13.50 - £19.00, there's a deal for everyone. Go to the HASSRA Online Shop and select the package that works for you.

more than

the regular

price

OFF









Now with nearly 40% off regular Sky Store prices.

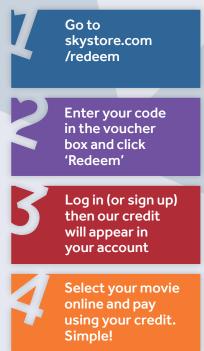
Enjoy your favourite movies and TV boxsets with HASSRA & Sky Store.

Sky Store is the easy way to Buy & Keep the latest movies at the touch of a button, straight to your TV. In the exact same way that you purchase cinema tickets, you can get Sky Store online vouchers at massively discounted prices and enjoy even more movies and TV from the comfort of your own sofa. Remember, a single Sky Store purchase gives the whole family a chance to watch.

If you prefer to watch on the go you can download your Sky Store products to your laptop, tablet and mobile – and enjoy them without an internet connection!

And don't forget - Sky Store is open to everyone, not just Sky TV customers!

Visit CINEMAS on the HASSRA website now to buy your discounted vouchers*. How to redeem your Sky Store online movie voucher



* each Sky Store voucher purchased counts as one of your ten allocated Cinema products available per rolling month, renewing on the 1st of each month.



Discounted Insurance for HASSRA members and their partners







If your policy is due within **30 days**, call our UK sales team today on: **01622 766960** quoting **'hassra'** Or visit: **www.csis.co.uk/hassra**

Lines open Mon-Fri, 8.30am-6.00pm, Sat, 9.00am-1.00pm



*Terms and conditions apply, visit www.csis.co.uk/hassra

10% off* Travel Insurance

Authorised and regulated by the Financial Conduct Authority. Car and Home Insurance is underwritten and finance provided by Zurich Insurance plc. Travel Insurance is underwritten by ETI-International Travel Protection.

ROYAL MUSEUMS GREENWICH

Royal Museums Greenwich

HASSRA members can now enjoy massive discount at Royal Museums Greenwich.

Royal Museums Greenwich encompasses the National Maritime Museum, the Royal Observatory, Cutty Sark, and the Queen's House. These four world-class attractions sit at the heart of maritime Greenwich in a UNESCO World Heritage Site. An epic place of exploration, Royal Museums Greenwich is the place to discover sea and space exploration, pioneering architecture, art and royal history.

Discover stories of Britain's epic relationship with the sea at the National Maritime Museum – the world's largest maritime museum. Hear voices from across the globe as you learn about cultural encounters and exchange and hear tales of human endurance.

The Queen's House is England's oldest neo-classical building and a pioneering architectural masterpiece designed by Inigo Jones. Inside, uncover a worldclass art collection, and dive into royal history as you learn about Tudor and Stuart monarchs and their close ties to Greenwich and the House.

The Royal Observatory is the home of space and time. Commissioned by Charles II and designed by Sir Christopher Wren, the Observatory is home to the Greenwich meridian line, GMT and awe-inspiring astronomy. In the Astronomy centre you can touch a meteorite or explore the cosmos at London's only planetarium.

Climb on board Cutty Sark, the fastest ship of its time, now preserved to tell the stories of life on board. This celebrated clipper was designed to bring tea from China to Britain at amazing speeds.

Visit the ship and hear from its crew members as they tell you what other amazing adventures the ship has seen in its lifetime.

With HASSRA's generous subsidy, tickets for all the Royal Greenwich Museums attractions and special exhibitions* are just £3 per person, per attraction. Details of how to purchase tickets is available in the HASSRA Online Shop.

*Queen's House and the National Maritime Museum are free to enter although tickets are required to enter the special exhibitions. Consideration should be given to the expected duration of your visit when purchasing tickets for multiple attractions.

HASSRA Living Life

Get Active with a LiveLife Challenge Grant

Are you in need of some motivation? Do you want to improve your health and wellbeing as a group but don't know where to begin?

Read on to hear how Dawn Snowshall (HASSRA East of England) and her colleagues took the Livelife Challenge.

Over the last few years, I gradually put weight on and realised that I needed to do something about it. I looked into going on regular walks but after the first few weeks I found myself coming up with excuses to not go out and would tell my husband, "I'll go out tomorrow" and tomorrow never came. I wanted to get fitter but really wasn't sure what I could do and what I could actually commit to.

I decided to begin by getting involved in a HASSRA Festival but didn't feel able to do any sporting activity on the list, so I opted for the Card Making Workshop. Whilst there I saw some Livelife Challenge literature and netball was one of the events being held at the September Festival later that summer. I used to love playing netball and actually played for Horncastle Ladies until my early twenties. However, I was unfit and about 20 years older. I knew I would struggle to play and wanted to find a beginner's league.

At the same time, I was about to leave DWP for another job. Now I desperately wanted to get fit and also wanted to keep in touch with my friends from work. So asked if any of them were up for a challenge and able to play in a local Monday night netball league. To my surprise they all said yes. It is quite expensive to register a team so I took a chance and applied for the Livelife Challenge Grant.

The £50 grant has helped towards HASSRA members' subs, brought back

the enjoyment of the game and has helped us all to get fitter. We also meet up after work to talk tactics and enjoy the social side of being part of a team.

We have enjoyed our first season so much, that we have all signed up to the next tournament and are going from strength to strength.

I strongly recommend taking the Livelife Challenge to anyone who wants to get active and doesn't know where to start.

Visit the Livelife Challenge page on our website for more information and details of how to apply for your grant.



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IRD OF PREY SHOW Enter at Falconer's Quest by **31 May** to

WIN a Family Pass to Warwick Castle

HASSRA Wimbledon Ballot 2019 Anyone for Tennis?

HASSRA has NINE pairs of tickets for the Wimbledon Championships 2019, including the Men's Final, to give away in our easy-to-enter ballot. The first NINE eligible, randomly-drawn entries will each receive a pair of tickets for a specified day during the event at the prestigious All England Club.

The tickets that are up for grabs are:

1st - Centre Court Sunday 14th July (Men's Final)		
2nd – Centre Court	Friday 12th July	
3rd – Number 1 Court	Wednesday 10th July	
4th – Number 1 Court	Tuesday 9th July	
5th – Number 1 Court	Monday 8th July	
6th-Number 1 Court	Saturday 6th July	
7th – Number 1 Court	Friday 5th July	
8th – Number 1 Court	Wednesday 3rd July	
9th – Number 1 Court	Monday 1st July	

In addition, HASSRA will be giving each lucky recipient £150 to help with any associated costs. 9 Pairs of Wimbledon tickets to be WON



Simply enter at the link for the HASSRA 2019 Wimbledon Championships Ballot via the 'Fun and Free Competitions' section of the HASSRA Online Shop's Offers and Discounts page.

You must include your name, email address, daytime phone number and HASSRA membership card number for your entry to be valid in the ballot.

Entries must be received by midnight **Thursday 9th May 2019**. The winners will be the first **nine** valid entries drawn at random after the closing date.

Rules:

The HASSRA 2019 Wimbledon Championships Ballot is only open to full, retired and National Associate HASSRA members and is **strictly limited to one entry per member**. There is no alternative prize, cash or otherwise. Please ensure you read the **full competition rules** for this special HASSRA ballot. Entry in the ballot shall be deemed to represent **full acceptance** of these rules and conditions.

Helping You Afford Life

Over 2,000 of DWP employees have already joined Commsave What are you waiting for?!

Commsave are a financial co-operative, owned and controlled by its members. We offer savings and loans direct from pay with an added bonus of an annual dividend.

We are covered by the Financial Services Compensation Scheme (FSCS) – so we have your money protected!

We offer a convenient and simple way to save with payments deducted from your pay before your salary goes into your bank account. To learn more about the benefits of Commsave and Frequently Asked Questions, please visit www.commsave.co.uk or give us a call on 0303 0402 660.

Your opinion matters to us. Visit **Commsave Pulse Survey** and answer a few simple questions for the chance to win one of three great prizes!

1st Prize – £100 Amazon Voucher 2nd Prize – £75 Amazon Voucher 3rd Prize – £50 Amazon Voucher

Please ensure all entries are complete by 31st May 2019.