

Activate your HASSRA Live Account

Open your internet browser and type in **hassra.org.uk** in the line at the top of the page where it shows the website address.

Go to **‘Sign in’**

If you previously had an Online Shop account, go to **Sign in to HASSRA Live**, use your existing log in details and click

[Sign in](#)

If you did not previously have an Online Shop, scroll to **‘Activate your HASSRA Live account’**. Complete the details and click

[Register](#)

Go to the **My Profile** page and complete all required fields.



Make sure you choose your preferred **HASSRA Newsletters** from the list shown.

Scroll down and click

[Update profile](#)

HASSRA Virtual Assistant (Chat Function)



Just **click the speech bubbles** on any HASSRA webpage and search using key words. The HASSRA Virtual Assistant holds a wide range of information that will answer most general enquiries. If the HASSRA Virtual Assistant can't find an answer or your query is more specific, you can **leave a message** using the online prompt.



Click on the envelope. Make sure you enter your contact details and as much relevant information as possible before sending your message. A member of the HASSRA National team will respond by e-mail within 1 working day.

Don't forget to browse the **HASSRA website** and also check out national and regional **social media pages** for important news and information.

Passwords

Your password must be a minimum of 8 characters long. It must contain a mixture of upper and lower case letters, numbers and symbols. **It cannot contain a recognised name or a dictionary word.**

For example, if you wanted to use MillerRobbie1234!, it would not meet the criteria as the words *Mill*, *ill*, *Rob* are all dictionary words that can be found within this password, along with the recognised names *Robbie* and *Miller*

To get around this issue, you can replace certain letters with numbers or symbols to avoid the word/name recognition issue, meeting the number/symbol criteria at the same time.

e.g. R088!e2020! instead of **Robbie2020!** or **Mi!!er1234!** instead of **Miller1234!**

Mobile Devices

Adding HASSRA to the Home Screen on your Android Phone or Tablet



Visit hassra.org.uk in your browser and Sign In
Your device should prompt you to save your log in details for convenience.
Click on **the 3 dots** on the top right or bottom right of your screen.
Choose the option to **'add to your home screen'**.

Adding HASSRA to the Home Screen on your iPhone or iPad



Visit hassra.org.uk in your browser and Sign In
Settings>Passwords>AutoFill Passwords will save your log in details for convenience.
Select the box with the arrow pointing out the top
Scroll down and select **'Add to Home Screen'**
Select **Add** on the top right of your screen