

# Liveliflife

The magazine for HASSRA members

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**HASSRA**  
Living Life 

# £25,000 Summer Big Cash Giveaway

HASSRA is giving members the opportunity to win up to £5,000 in the £25k Summer Big Cash Giveaway.

With 100 prizes up for grabs, including a massive £5k first prize, there's lots of chances to win.

But you've got to be in it to win it!

To enter, simply answer the multiple-choice question below.

- Q) There are approximately how many coins currently in circulation in the UK?
- A) £19 billion B) £29 billion C) £39 billion

ENTER  
HERE  
FOR YOUR  
CHANCE  
TO WIN

Entry closes at midnight on  
Sunday 25th September 2022.

Winners will be drawn at random from the correct entries and must be subscribing HASSRA members at the time of the draw.

It's a brilliant idea to book early for your 2023 UK holiday with Parkdean Resorts. Book today and you can pay a deposit as little as £25\*, this way you'll get the best and biggest choice of accommodation before it's snapped up!

Whether you're looking for a relaxing getaway or want an action-packed family break too, our parks are sure to provide everything you need for the perfect holiday in 2023!

Spread the cost with  
**EASY PAY**

Low  
deposit from  
**£25\***

\*£25 low deposit available for online bookings made using the Direct Debit Payment facility. Only available on holidays priced at £200 or more. Holidays must be booked a minimum of 16 weeks prior to travel to qualify for the Direct Debit payment options. Final payment must be made 4 weeks + 1 day prior to travel.

**Parkdean  
Resorts**

# Keep Winning with HASSRA!

Football finally came home at the Women's Euro 2022! What an amazing tournament for the Lionesses. "It's not all about England" I hear our Scottish and Welsh members shout. Well, as the Commonwealth Games drew to a close, all three nations were in the top ten, so we can celebrate all the winners from the last few weeks.

Talking of winners, the HASSRA Major Awards Dinner took place in May. Check out pages 6-7 to see all the wonderful members who gave so much to the Association throughout 2021.

I keep saying it but volunteers really are the beating heart of HASSRA. Without them our local and regional programme wouldn't exist. In this issue, read about our newly-crowned Volunteer of the Year and what HASSRA means to him. He might just inspire you to take a step forward and make a difference.

As the cost of living continues to rise, HASSRA is giving its members even more chances to win lots of fantastic prizes. Our £25,000 Summer Cash Giveaway will see another 100 members receive a welcome

windfall, one of whom will scoop the top prize of £5,000.

The HASSRA Lottery also gives members a real chance of winning big. The October Double Money Draw includes a £30,000 jackpot, a £20,000 second prize and over 100 further prizes worth a total of £126,000. And unlike other lotteries, HASSRA Lottery prizes are GUARANTEED in every draw. See on page 4 how the Lottery made a big difference to one lucky member – next time it could be you!

Members are once again invited to get creative and win prizes in our virtual Art and Photography competitions. See page 10 for details.

HASSRA has something for everyone and more members means bigger and better offers for us all. We are now rewarding all HASSRA clubs with a £5 bonus for each new member recruited before the end of November – see page 11 for details and spread the HASSRA message to all your colleagues, new and old. Encourage them to be part of something special where you work.



You know you're on to a winner with HASSRA!

*Robbie Miller*  
Editor

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## In partnership with:



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# HASSRA Lottery

**DOUBLE  
MONEY  
DRAW AND  
£30,000  
JACKPOT**

**We are celebrating 40 years of the fabulous HASSRA Lottery by giving you the chance to win double money in the October prize draw.**

A massive £30,000 jackpot is up for grabs, with £20,000 for the runner up and two £10,000 prizes. 120 guaranteed winners will share the huge prize pot of £126,000 – double the usual monthly total.

As a HASSRA member you can participate in the HASSRA Lottery from as little as £1 a month. So if you're not already in the HASSRA Lottery, join now and increase your chances of winning with up to 20 tickets per month.

Compare this with most major UK lotteries, where you have to guess a sequence of numbers, often resulting in no overall winners for weeks on end, or having to share your win with others.

## THE ODDS SPEAK FOR THEMSELVES:

LOTTERY	COST	CHANCE OF JACKPOT WIN	GUARANTEED WINNER
 HASSRA Living Life	£1 per month	1 in 95,000	✓
 PEOPLE'S POSTCODE LOTTERY	£10 per month	1 in 135,000	✓
 CSC Lottery	£4 four-weekly	1 in 1,000,000	✗
 LOTTO	£2 per week	1 in 45,100,000	✗
 EURO MILLIONS	£2.50 per week	1 in 139,800,000	✗

One recent jackpot winner, Louise Ramsden from Watford, tells us,

*"I became a HASSRA member in March 2022 after joining the DWP during the pandemic. My colleagues had been talking about the great benefits that come with a HASSRA membership and when one of them told me she had won £100 in a quiz, I thought: 'I really must sign up for this.'*

*I have been doing all the quizzes and puzzles without winning anything but carried on doing them anyway as they were still fun. I also bought one lottery ticket a month, as 'you've got to be in it to win it' as they say.*

*I received the jackpot email on a Wednesday morning whilst at work saying, 'Congratulations! You have won £15,000.00 in the June 2022 draw of the HASSRA Lottery!'*

*I thought it was a joke at first. How could I have possibly won that much money? I never win anything and only buy one ticket a month! However, I logged into my account and suddenly realised, OMG, I really had won.*

*I was in a daze for a while. I play the national lottery every week and would be lucky if I even got one number right.*

*Winning the jackpot really has been amazing. My husband and I got married in October 2021, after having to delay our wedding from the previous year due to Covid. With the cost of the wedding and buying a house in 2019, we didn't have any money left to go on honeymoon and we had accepted that maybe it would never happen.*

*However, with this Lottery win, we have decided to take a dream trip to the Caribbean and we are both so excited! We will be able to recoup our savings from the wedding, my husband got the pair of trainers he really wanted (very generous of me) and I am also going to treat myself to some straight teeth!*

*I would encourage anyone and everyone to be a member of HASSRA and the HASSRA Lottery, even if you can only afford one ticket a month... it could be your turn to win the jackpot next!"*



**Visit HASSRA Lottery on our website now for full details and to apply.**

**\*You must apply by 31st August 2022 to be included in October's Double Money draw!**

# TAKE A STEP FORWARD WITH HASSRA

HASSRA membership doesn't have to just be about the offers and discounts you can take advantage of. Being a HASSRA member also provides the opportunity to volunteer in many different ways throughout the Association. Without our fantastic volunteers, many of your local and regional events and activities throughout the year simply wouldn't happen. Kevin Donegan, HASSRA North West was named Volunteer of the Year in May. Here he tells us what he does, and why.

"I joined HASSRA back in 2008 when I first started in DWP. During my induction in the first week, we were given various presentations, including HASSRA. I was advised to just "join everything" so I did. To be honest I never really used my HASSRA membership in the first few years, but in 2012 I was approached to be a photographer at the North West Regional Awards Dinner. This was when I became more aware of HASSRA. My first real involvement with National HASSRA came 3 years later in my first Festival at Warwick University. I represented HASSRA North West in the Photography competition, (those of you that know me know that my passion is photography) which I went on to win. I was hooked. The atmosphere and everything about the whole festival really did show what HASSRA is all about. I strongly recommend every member to attend at least one festival. I made so many new friends, many who have become the type of friends that you just know you can rely on. The following year I was invited back to run the Photography competition, as was tradition.

It was also around this time that I started to help with arranging regional events alongside former Volunteer of the Year, the fantastic Rachel Bond, as part of the North West Events Group.

You just could not fail to be affected by her boundless enthusiasm for all things HASSRA. I was soon co-opted on to my Regional Board of Management and at the next AGM I was voted on as a full-time member.

I have been a regular at the festivals since 2015, either representing the North West in the photography competition, running it as a volunteer or acting as official photographer at the presentation dinner. I have been lucky enough to be crowned HASSRA National Photography winner twice. I have also been the official photographer at each National Awards Dinner since 2017.

In 2018, I won the HASSRA North West Volunteer of the Year and went on to represent the region at that year's National Awards, unfortunately missing out on the big one.

I have since moved on to become the Events lead for North West, as well as running their communications and social media, which does take up a lot of time.

In 2021 I won North West Volunteer of the Year which meant another stab at the Nationals. This time I was very surprised to find out I had won. So I now have the honour of being HASSRA National Volunteer of the Year 2021.



If I have one thing to say to everyone in HASSRA, it's this: Get involved and join in, be it at Club, Region or National level. Take advantage of everything HASSRA has to offer. You will not get better value anywhere else for £2.45 a month. I've been to some amazing places, done some amazing things and met some of the most amazing people along the way – all thanks to HASSRA! And that's what it's all about."

# Celebrating the Best of HASSRA

The HASSRA Annual Awards Dinner took place on May 12th at the University of Warwick to acknowledge, reward and celebrate its volunteers, clubs, regions and business sponsors who worked tirelessly throughout 2021. It was a truly wonderful evening and huge congratulations go to all our amazing winners and highly commended entries.



**Life Vice-President –**  
Margaret Moor, HASSRA North East



**Best Association –**  
HASSRA West Midlands



**Best Large Club –**  
Doncaster Thorne,  
HASSRA Yorkshire & The Humber



**Award of Merit –**  
Paul Adams, HASSRA North West



**Best Arts & Crafts Contributor –**  
Rob Fawcett, HASSRA Wales



**Volunteer Long Service Award –**  
Sian Hughes, HASSRA Wales



**Volunteer of the Year –**  
Kevin Donegan, HASSRA North West



**Best Small Club –**  
Great Yarmouth, HASSRA East of England



**Award of Merit –**  
George Robinson, HASSRA East Midlands

Congratulations also go to Best Business Sponsor - Ged Ross, HASSRA East Midlands and Award of Merit recipient - Maggie Smith, HASSRA South East who were both unable to attend the event in person.

**You can view all the images from the event on our HASSRA Awards Dinner Flickr page.**

# July 2022 **HASSRA FESTIVAL**

On a wonderfully warm July weekend, the University of Warwick played host once again to the first of this year's festivals. Almost 500 competitors and volunteers enjoyed an action-packed event with some fierce (but friendly) competition, as well as a couple of non-competitive floristry and fitness workshops. This was followed by a presentation dinner to dress up and celebrate the successes of the day. **Congratulations to all the winners.**



July Festival Results 2022	Name/s	Region
<b>ARCHERY</b>		
Ladies	Lorraine Burrows	Fylde
Men	Ian Watson	Fylde
Team		Fylde
<b>COARSE ANGLING</b>		
Singles	Chris Knight	East of England
Team		Yorkshire & The Humber
<b>FOOTGOLF</b>		
Ladies	Janine Crosby	Yorkshire & The Humber
Men	Terry New	Fylde
Hole in one	Terry New/Jack Holland	Fylde
<b>GENERAL KNOWLEDGE QUIZ</b>		
Team		London
<b>GIVE US A CLUE</b>		
Team		Fylde
<b>GYM TRIATHLON</b>		
Ladies	Hannah Smith	Fylde
Men	Dave Mckale	North East
<b>MIXED ROUNDERS</b>		
Team		South West
<b>MUSIC</b>		
Classical Voice	Kesia Elliott	Wales
Contemporary Voice	Maria Watch	West Midlands
Overall Winner	Kesia Elliott	Wales
<b>TABLE TENNIS</b>		
Ladies - Singles	Alison McKim	North East
Men - Singles	Ian Denton	Yorkshire & The Humber
Ladies - Doubles	Caroline Saunders/Alison Wells	East of England
Men - Doubles	David Lewis/Ian Denton	Yorkshire & The Humber
Mixed Doubles	Ian Denton/Jackie Wood	Yorkshire & The Humber
<b>TENNIS</b>		
Ladies	Lorraine Cockell/ Carol Whittington	East Midlands
Men	Ian Hartley/ Matthew Gibson	North West
<b>TEN PIN BOWLING</b>		
Ladies - Singles	Jackie Arnold	North West
Men - Singles	David Broomfield	Fylde
Ladies - Singles Handicap	Donna Howton	Fylde
Men - Singles Handicap	Chris Scott	Yorkshire & The Humber
Ladies - Doubles	Janet Watson/Karen Delaney	East Midlands
Men - Doubles	Norman Hamed/Chris Scott	Yorkshire & The Humber
Team Scratch		Yorkshire & The Humber
Team Handicap		London

**SEPTEMBER FESTIVAL WILL FEATURE IN THE NEXT ISSUE.**



## Explore your creative side.

Following the success of our previous virtual Art Competitions, we are once again asking you to submit your creative efforts online in an attempt to become a HASSRA Champion and win up to £150.



2021 OVERALL ART WINNER,  
MATT HONEY – SOUTH WEST

The standard of last year's entries was exceptionally high but we're confident you can achieve even greater results this time around.

The three categories are:

- **DRAWING**
- **PAINTING**
- **MIXED-MEDIA & 3D**

The theme for this year's competition is **Communication and Engagement**. Interpret this in your own way and get your creative juices flowing.

**Closing date for entries is 30th September.**

**Visit HASSRA Art Competition 2022 for full details and rules of entry.**



## Take your Best Shot.



2021 OVERALL PHOTOGRAPHY WINNER,  
EMMA LISSENDEN – SOUTH WEST

Our virtual Photography Competitions have been a huge success over the last couple of years. We received hundreds of outstanding entries and we want to showcase your photographic skills online once again. Will you be the next HASSRA Photographer of the Year?

There are some fantastic prizes available so get snapping now and enter your best images for the chance to win up to £150.

The three categories for 2022 are:

- **LANDSCAPES**
- **PEOPLE AND ANIMALS**
- **WORLD IN MOTION**

**Closing date for entries is 30th September.**

**Visit HASSRA Photography Competition 2022 for full details and rules of entry.**

# EARN EXTRA CASH FOR YOUR CLUB!

The more members you have in your HASSRA club, the more income you receive from HASSRA every year to do the things you want to do. We know that the majority of new members join HASSRA through word-of-mouth. Just think back to when you joined.

And we're now offering your club a £5.00 bonus for each new member who joins between now and the end of November, but we need your help.

Existing members already know the benefits of joining the best sports and leisure association anywhere in the civil service. Whether it's sports, looking after yourself, getting out and about or just having fun, HASSRA offers something for everyone. And with a great range of discounts, benefits, free prize draws and a Lottery with £63,000 of guaranteed cash prizes every month, you won't find better value anywhere.

Check out the HASSRA video to remind yourself of what's on offer and share it with colleagues.



So make sure that everyone in your office knows what HASSRA is all about and has a chance to join in and be part of something special where you work.

**FIND OUT MORE ON THE HASSRA WEBSITE.**

## The HASSRA AGM

This year's AGM took place on 12th May at The University of Warwick. It was a welcome return to a face-to-face conference, the first since 2019.

Conference celebrated the quality and value for money of our member services, and the very positive impact HASSRA had on staff morale during the pandemic. A new committee was proposed and accepted to promote HASSRA's commitment to Diversity & Inclusion in everything it does.

*Congratulations to everybody who were elected or re-elected to national positions:*

### **NATIONAL BOARD OF MANAGEMENT:**

Sean Mulgrew – Scotland  
Nicki Stowe – Yorkshire & The Humber

### **FINANCE COMMITTEE:**

Helena Whitehead – East Midlands  
Sarah Fairclough – West Midlands (co-opted for one year)

### **AWARDS COMMITTEE:**

Tina Earp – South West

**Visit HASSRA AGM 2022 to read the full minutes from the meeting.**

# Liveliflife Challenge Update

We're now halfway through the 180 day challenge to travel around the world – and there's **still time to join your friends and colleagues**. HASSRA has joined forces with The Charity for Civil Servants to bring you this amazing challenge.

Any activity can be added retrospectively. Simply log into the specially developed website and add your activities from May to now. You can reach your goal by including walking, running or cycling, as well as other activities such as golf, squash and gardening.

James has been taking part in the Challenge. This is what he has to say:

"Taking part is my way of giving back. I've personally found The Charity for Civil Servants' wellbeing services really useful and I want to do this not just for myself, but for my colleagues. When I'm cycling up a hill in 60 mile an-hour winds, I think of everyone who's donated so far and it keeps me going. The support has been amazing. I think our community is one of the best you'll ever find, so the toughest days of this challenge are worth it."

## FUNDBRAISE FOR THE CHARITY FOR CIVIL SERVANTS



What's even better is that the money you raise by taking part in this challenge will support people who are struggling when they need it the most.

The Charity for Civil Servants supports all current, former and retired civil servants throughout their lives, listening without judgement and offering practical, financial and emotional support.



Whether you're registered as an individual or as part of a team, any logged activity counts towards the grand total travelled by HASSRA members. And there are prizes to be won! As well as Club prizes, every individual who raises £100 or more will be entered into a prize draw.

## SAVE OVER 50%

— ON 6 CRAFT WINES —

Was £63.94 - NOW £24.99

PLUS FREE DELIVERY TO YOUR DOOR



We've teamed up with Virgin Wines to offer members an exclusive **better than half price** saving on 6 mouth-watering wines this summer!

Containing juicy reds and crisp whites worth up to £11.99 each, this stunning collection is available to you today for **just £4.17 a bottle** - plus you'll also receive **FREE express delivery** direct to your door!

This offer also acts as the perfect introduction to **Virgin Wines' WineBank service** which allows you, as a member, to earn 20% interest on the money you save, giving you big discounts on the wines you want... and all with free express delivery as standard.

**TO ORDER: Visit [www.hassra.org.uk/virgin-wines](http://www.hassra.org.uk/virgin-wines)**

T&C's: UK Delivery only. You must be 18 years of age or over to buy alcohol. Strictly one case per customer. Not to be combined with any other promotion. Offer is unavailable to existing WineBank members. By redeeming this offer you agree to try the Virgin Wines WineBank. There's no obligation to buy any more wine. Images for illustration purposes. For full T&C's and details of all the benefits, visit [www.virginwines.co.uk/terms](http://www.virginwines.co.uk/terms)