

# Livelif

The magazine for HASSRA members



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# WIN A PEDDLE STEP ELECTRIC BIKE WORTH £1800

**HASSRA** is giving you the chance to win a Peddle Step bike courtesy of **PEDDLE**.

Peddle electric bikes are packed with features and **£150** worth of accessories in the box to make every journey easier – from commuting to adventuring.

**Just Peddle – we'll do the rest.**

Competition closes 19th July 2023



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# Welcome to the first Livelife edition of 2023

So far this year we've seen the Coronation of King Charles III, I'm sure most of the nation were watching this spectacular event and celebrating with family and friends at street parties. Liverpool hosted this years 67th Eurovision Song contest, the extravaganza held in the UK for the first time in 25 years. The UK came 25th sadly, but the London singer-songwriter Mae, captivated the audience, with her hit single I Wrote A Song.

HASSRA have also celebrated this year, our Major awards took place on the 11th May at Warwick University, see pages 4 & 5 for the results and all the photos of our wonderful members who gave so much to the Association throughout 2022. Volunteers are the beating heart of HASSRA, without them our local and regional programme wouldn't exist. Well done to joint winners in this category Lyndsey South (Y&H) and Nigel (Rocky) Williams (Wales).

Last years September festival was cancelled due to the passing of Queen Elizabeth and was rescheduled to March 31st – 2nd April. Teams from across the regions attended the event and participated in activities from a pop quiz to a triathlon check out pages 6 & 7 to see the results and participants. We are now in preparation for the coming July festival and look forward to welcoming you back to Warwick University.

As the cost of living continues to rise, HASSRA is giving its members even more chances to win lots of fantastic prizes, and also our ever-popular summer promotion returns (see page 12 for more details). The HASSRA Lottery also gives our members a real chance of winning big. And unlike other lotteries, HASSRA Lottery prizes are GUARANTEED in every draw.

HASSRA has something for everyone, and more members means bigger and better offers for us all. Remember to spread the HASSRA message to all your colleagues, new and old, and encourage them to be part of something really special where you work.



Spread the **HASSRA** message to all your colleagues, new and old, and encourage them to be part of something really special.

*Jenny King*  
**HASSRA** Communications and Marketing Team

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## In partnership with:



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# Celebrating the Best of HASSRA 2022

HASSRA presents its Annual Awards to its volunteers, clubs, regions and business sponsors who have worked tirelessly throughout the year. The usual glitz and glamour of our Awards Dinner returned to the University of Warwick in May. It was a truly wonderful evening, attended by Neil Couling DWP Change and Resilience Director General, along with lots of fantastic members from every region around the country. Congratulations go to all our amazing winners and highly commended entries.



**Business Sponsor**  
**WINNER**  
Karen Dooley, Y&H

**Volunteer of the Year**  
**WINNER**  
Lyndsey South, Y&H

**Best Association**  
**WINNER**  
Yorkshire & Humber



**Best Innovation**  
**WINNER**  
Wrexham, WA



**Arts, Crafts & Non-Sporting Contributor**  
**WINNER**  
Susan Sewell, NE



**Best Small Club**  
**WINNER**  
Bridlington, Y&H



**Best Large Club**  
**WINNER**  
John Street HASSRA, NE



**Award of Merit**  
**WINNER**  
Duncan Lloyd



**Volunteer of the Year**  
**WINNER**  
Nigel Williams, Wales



**Volunteer Long Service Award**  
**WINNER**  
Willie Hunter

**THE BEST**



**Wellbeing Award**  
**WINNER**  
Plymouth, SW



**Award of Merit**  
**WINNER**  
Andrew Marzolini



**Best Sportsman**  
**WINNER**  
Ian Denton



**Best Newcomer**  
**WINNER**  
Charlotte Stockdale, SE



**Best Association**  
**HIGHLY COMMENDED**  
HASSRA South East

# Easter Festival 2023

SEE ALL THE FESTIVAL PHOTO'S ON flickr

**Last years September Festival was cancelled due to the passing of HRH Queen Elizabeth.**

We decided to rearrange it and held it on 1st April 2023. The festival was smaller than usual however, it didn't stop everyone participating in the fantastic events and making it another great success.

From Articulate to a fitness workshop there really was something for everyone!

The 2023 Festivals will take place on:

- Friday 7th to Sunday 9th July
- Friday 8th to Sunday 10th September

SEE THE FESTIVAL PAGE FOR FULL DETAILS

**RESULTS**

**ARTICULATE:** *Winners:* Fylde (Memorable moment - West Mids trying to describe a sperm whale!)

**CHESS:** *Winner -* David Ireland, West Mids won 4.5 out of 5, didn't lose a single game!

**DARTS:** *Men's Singles Winner:* Stuart Monaghan, *London Ladies Singles Winner:* Karen Garton, *East Mids Team Winners:* Craig Carstairs, Colin Coutts, JJ Horsley, Scotland

**INDOOR TRIATHLON:** *Men's Winner:* Luke O'Neill, South West in a time of 53:02  
*Ladies Winner:* Mary Struthers, South East in a time of 1:00.16

**POOL:** *Men's winner:* Kevin Isaacs, Wales  
*Ladies Winner:* Stacey Watson. North East

**POP QUIZ:** *Winners:* Yorkshire and The Humber

**SNOOKER:** *Men's Winner:* Gwynant Ellis, Wales

**SQUASH:** *Men's Winner:* Paul Atkinson, *Wales Ladies Winner:* Nicola Sleight, East of England

**FITNESS WORKSHOP:** No prizes awarded; an event really enjoyed by all of those taking part.



# The HASSRA Lottery really is your best bet!

A massive **£15,000** jackpot is up for grabs, with **£10,000** for the runner up and two **£5,000** prizes.

120 guaranteed winners get to share the huge monthly prize pot of **£63,000**.

It costs just £1 to enter the draw, and you can buy up to 20 entries each month to increase your chances of a win. Compare this with most major UK lotteries, where you must guess a sequence of numbers, often resulting in no overall winners for weeks on end or having to share your win with others.

The HASSRA lottery held its first ever double money draw last October, and you'll be delighted to hear that we will be repeating it again this year, so for a chance to win £30,000 this October don't delay sign up today!

## THE ODDS SPEAK FOR THEMSELVES:

LOTTERY	COST	CHANCE OF JACKPOT WIN	GUARANTEED WINNER
 HASSRA Living Life	£1 per month	1 in 99,000	✓
 PEOPLE'S POSTCODE LOTTERY	£10 per month	1 in 135,000	✓
 SSC Lottery	£4 four-weekly	1 in 1,000,000	✗
 LOTTO	£2 per week	1 in 45,100,000	✗
 EURO MILLIONS	£2.50 per week	1 in 139,800,000	✗

FIND OUT MORE AND GET YOUR TICKETS AT HASSRA LOTTERY.

# Exciting new Function on HASSRA Live

We have now released an exciting new function in Raffles. No longer will club officials have to walk round their office trying to sell Raffle tickets to members as now it's all managed on HASSRA Live. Club officials will be able to create a Raffle game, set the prizes, set the draw date and then run the draw when the draw date is reached.

If you wish to have access to the Raffle's functionality, please contact the **HASSRA National Team** via the HASSRA Live Helpdesk.



# Leaving or Retiring?

Did you know you don't have to end your subscription to **HASSRA** if you leave the department or retire?

You can still enjoy our first-class offers and discounts package by simply retaining your membership.

So, sit back and relax and continue to enjoy all the benefits, including:

- **Big savings** on cinema and homstreaming products
- Exclusive access to the **HASSRA Lottery** paying out **£756,000** in cash prizes annually
- Lots of online events on **HASSRA Live** with the chance to win prizes
- Savings on theme park and attraction tickets
- **Half-price tickets** on family days out during the **HASSRA Summer Promotion**
- Free competitions and giveaways with prizes throughout the year
- Discounted **FULL** membership for English Heritage and Cadw
- A massive programme of national and regional sports and leisure activities
- Discounts on UK and European family holidays, including airport parking
- A network of local office and activity clubs



## SAVE OVER 50%

— ON 6 CRAFT WINES —

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We've teamed up with Virgin Wines to offer members an exclusive **better than half price** saving on 6 mouth-watering wines this season!

Containing juicy reds and crisp whites worth up to £11.99 each, this stunning collection is available to you today for just **£4.17 a bottle** - plus you'll also receive **FREE express delivery** direct to your door!

This offer also acts as the perfect introduction to **Virgin Wines' WineBank service** which allows you, as a member, to earn 20% interest on the money you save, giving you big discounts on the wines you want... and all with free express delivery as standard.

**TO ORDER: Visit [www.hassra.org.uk/virgin-wines](http://www.hassra.org.uk/virgin-wines)**

**T&C's:** UK Delivery only. You must be 18 years of age or over to buy alcohol. Strictly one case per customer. Not to be combined with any other promotion. Offer is unavailable to existing WineBank members. By redeeming this offer you agree to try the Virgin Wines WineBank. There's no obligation to buy any more wine. Images for illustration purposes. For full T&C's and details of all the benefits, visit [www.virginwines.co.uk/terms](http://www.virginwines.co.uk/terms)

# HASSRA Men's Hockey – Hancock & Evans 2023

The HASSRA Men's national hockey side travelled to Nottingham to compete in the annual Hancock & Evans tournament held at Beeston Hockey Club.

The tournament which is held across 2 days brings together teams and players representing a number of areas of the Civil Service from all across the country for friendly but competitive hockey with the opportunity for teams to win the cup or the plate following a league round robin on day 1. The tournament also acts as a 'scouting event' to identify potential players for the CSSC Rep team, who compete against the Armed Services each year.

With HASSRA missing a number of players due to unavailability and being drawn in a league with last years cup finalists, the first day was a struggle for the side with heavy defeats in 2 games leaving the team third in the group.

However, not feeling demoralised the team vowed to regroup with the aim of winning the plate tournament as they had successfully done in 2021 and 2022.

On day 2 a rejuvenated HASSRA side significantly improved their performance in their final 2 games, ensuring HASSRA were crowned winners of the plate for the third year running.

During the presentation the team picked up further recognition with Lawrence Payne receiving the Sportsmanship award from the organisers of the event and Paul Atherton winning the Player of the Tournament after receiving the most votes from the umpires officiating the games over the 2 days.



HASSRA's Paul Atherton who was awarded the Player of the Tournament

**INTERESTED IN JOINING THE TEAM NEXT YEAR? CHECK OUT OUR NATIONAL TEAM HOCKEY PAGE**



**Back row left to right:** Ricky Goulsbra, Aidan Flatt, Jonathon Dee, Peter Fielding, Lee Cooper, Paul Atherton, Lawrence Payne, Ian Brown  
**Front row left to right:** Akhil Chawla, Chris Sturley, Matthew, Paul Terleski, Phil Reeds, Macauley Curwood (missing from picture Toron Everett)



HASSRA's Paul Atherton who was awarded the Player of the Tournament



# National Team Squash event

The CSSC National Team Squash Event again returned to the popular Nottingham Squash Club which is now under new management. This year **HASSRA** fielded an even stronger line up than last year entering three teams in an attempt to retain the title they had won last year. Last year's runners-up North West however had arrived with a strengthened team in the form of a new number one player and had plans of their own to steal the title away from HASSRA.



HASSRA TEAM B

Team Manager Siân Hughes was delighted with the wins and thankful for being able to assemble such strong line ups to win both the Main Event and the Plate Competition. Special thanks go to all the players who participated and in particular to James Earles who's first outing for HASSRA hopefully won't be his last!

If you play club standard squash please get in touch as we are always looking for new players, so if you are interested please contact our HASSRA Squash National Team manager, Siân Hughes.

**INTERESTED IN JOINING THE TEAM NEXT YEAR?  
CHECK OUT OUR [HASSRA SQUASH PAGE](#)**



HASSRA TEAM A

However, what they hadn't bargained for was a further strengthened set of HASSRA players and better still for HASSRA A team to have their own new number one player, ex professional James Earles, who is currently ranked 40 in the England Squash rankings and in the top 200 of the world!

The final between **HASSRA A** and North West saw the two strongest players in the Tournament face each other, HASSRA A triumphant with a 5-0 match score and impressively none of the A team losing a single match!

**HASSRA B** led by experienced captain Peter Fielding continued to highlight HASSRA overall success story by defeating **HASSRA C** in the Plate Final.



HASSRA TEAM B

# HASSRA Summer Promotion 2023

This year's offering will see the biggest discounts ever available to **HASSRA** members. We will include every attraction possible from the outset, with fantastic savings on many more of your favourites throughout the summer as tickets become available.



**Summer Promotion**

From 1st June until 31st August 2023 you will be able to buy the following tickets with **50%** off the normal 'on the gate' admission prices!

At least 50% off gate prices throughout the holidays

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Rated **4.7** out of 5



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\*Based on 241 customer surveys received between 01.10.22 and 21.04.23 scoring an average 9.5 out of 10.



# Charity for Civil Servants: for whatever happens

Hello, we're the Charity for Civil Servants, and we're here to support all civil servants with whatever problem they're up against – from mental health struggles to relationship issues, from getting through grief to coping with disability.

You can sign up to receive regular updates about our help and support. And if you know anyone else who could benefit from hearing about the Charity for Civil Servants, please let them know.

**SIGN UP TO CHARITY FOR CIVIL SERVANTS [HERE](#)**

## Mega Miles Challenge

**Walk it, run it, jog it, push it. However you do it – make it mega!**

Taking place on **19-25 June 2023** the Mega Miles Challenge is a week-long mass participation event where we ask civil servants up and down the country to pledge to walk, run or jog.



Register your interest now and we'll be in touch to let you know when full registration opens. In the meantime, mark the date in the diary, let your colleagues know, and let's make some noise!

Pledge to walk as many miles as possible in one week. Set your target then race it, pace, ace it your way.

As a civil servant you know you're part of something much bigger.

A community of people who care about each other, support each other when times get tough – it's about togetherness.

Every penny raised during the Mega Miles Challenge can lift your colleagues when life gets tough, so sign up now and get active while helping others.

**REGISTER YOUR INTEREST [HERE](#)**



# HASSRA Member Survey 2023

**HASSRA** aims to provide something for all of our members. In order to do this, we want to understand the diverse needs of our members and sculpt an Association that caters for everybody's requirements. This survey is your chance to tell us who you are and what you think. You can influence the way in which your Association moves forward.

Your Views Matter Since the last survey we have:

- **launched HASSRA Live** allowing you to easily manage your own membership
- **introduced newsletters** which are tailored to your preferences
- **introduced more offers for you and your families**
- **rolled out e-Codes** on many of our products for lightning-quick convenience

As An Incentive We need to keep listening, learning and adapting so that your membership experience remains as rewarding as it can be. So we're offering some fantastic prizes to encourage everyone\* to get involved. When you complete the survey, you will be entered into a random prize draw to win one of twenty £50 Love2Shop high street vouchers.

**All you have to do is complete the by 31st July 2023, and provide your contact details** (solely for the purpose of running the prize draw).

To access the survey, please follow the link to HASSRA Survey 2023. Thanks for taking part and best of luck! \*To be included in the draw you must be an existing HASSRA member or have completed an application to join HASSRA by the time this survey closes.

**TAKE THE HASSRA SURVEY [HERE](#)**

## UP TO 60% OFF HOTELS WORLDWIDE

HASSRA have teamed up with Tripbeat, to bring you the deepest discounts on travel in one online destination.

See more and go further for less this year!

Members benefits include:

- **HOTELS** - up to 60% off 600,000+
- **RESORT** stays from £299 a week
- **FLIGHTS** at discounted rates
- **CAR HIRE** at member preferred rates
- **TOURS** - save up to 50% off
- **CRUISE** - save up to £500 off per couple
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