

livelife

The magazine for HASSRA members



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HASSRA
Living Life 

FASTER, HIGHER, STRONGER

DECATHLON

2024 brings with it another Summer Olympic Games which will be held this year in Paris. To inspire our members to take up the baton to get fitter and healthier, we are offering you the chance to win up to £500 to spend at [Decathlon.co.uk](https://www.decathlon.co.uk).

Decathlon offers a wide range of exercise equipment and sports gear to help you on your road to fitness. Exercise bikes, cross trainers, rowing machines, and lots of other awesome apparel. Just correctly answer the following question to be in with a chance of winning.

What is the final event in an Olympic Decathlon?

- Pole Vault
- 1,500 Metres
- Javelin

Just visit **HASSRA Olympic Decathlon 2024 Competition** to enter.

All correct entries received by the closing date of 5th June 2024 will go into the draw. The first 23 members selected at random will win the prizes. You must be signed in to your HASSRA Live account to take part.

ENTER THE
DECATHLON
COMPETITION
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A Not for Profit organisation supporting Civil Servants and Public Sector workers for over 100 years.

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first class service you
can trust*



The insurance people who care

New season... new editor

Welcome to the Spring 2024 edition of **Livlife** and my first as editor. It's an exciting time to be involved in **HASSRA Communications** with two recent developments to share with you – **Message Boards** and **WhatsApp Channels** – but more about them later in the magazine.

In the wider world – after 29 days of fasting, praying and charitable donations, the month of Ramadan ended as the new crescent moon was sighted. This signalled the beginning of celebrations, time to dress up, enjoy something sweet to eat to and head for the Eid ul Fitr prayers. Eid Mubarak to all HASSRA members who observed the fast and are now celebrating.

HASSRA celebrates a momentous milestone next year reaching our 90th Anniversary. Celebration preparations are underway and I would love to hear your ideas on this too, so please send them to hassracommunications.andmarketing@dpw.gov.uk and we will see which ones we can make happen.

Anniversaries make me nostalgic and recollect past HASSRA events and friendships forged. I would love to include some historic news items in the magazine – a “Yesterday’s News” item perhaps featured before in a newsletter - have a think and share your stories with me – hoping to bring back some happy HASSRA memories. Same inbox as before and I’ll feature as many as I can.

HASSRA teamed up with Virgin Wines to launch the latest competition on HASSRA Live – to be in with a chance of winning a mixed case of wine make sure you enter. The ideal refreshment to enjoy in your garden – and if you were lucky to win a B&Q Voucher in our last competition, your garden must look fabulous.

Planning your summer vacation or stay-cations? Check out our discounted holiday offers on HASSRA Live. If you can bear to think about Christmas, see also our offer for a European Cities Christmas Market River Cruise in partnership with Fred Olsen later in this edition.



I’m already looking forward to the next edition. I’ll bring you all the news from the Annual Awards Evening held in May – just need to get my outfit sorted.

Jacky Sneddon
Editor

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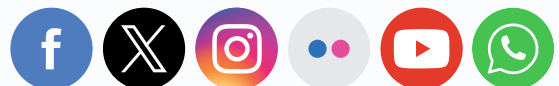
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Be in it to win it!



As a **HASSRA** member you can participate in the **HASSRA Lottery** from as little as **£1 a month**.

A massive **£15,000** jackpot is up for grabs each month, with **£10,000** for the runner up and two **£5,000** prizes.

120 guaranteed winners get to share the huge monthly prize pot of **£63,000**.

What's even better, October will see our annual Double Money Draw where Lottery members can win up to **£30,000 – GUARANTEED!**

So if you're not already in the HASSRA Lottery, join now. Or increase your chances of winning with up to **20 tickets per month**.

THE ODDS SPEAK FOR THEMSELVES:

LOTTERY	COST	CHANCE OF JACKPOT WIN	GUARANTEED WINNER
 HASSRA Living Life	£1 per month	1 in 110,000	✓
 PEOPLE'S POSTCODE LOTTERIES	£10 per month	1 in 135,000	✓
 CSC lottery	£4 four-weekly	1 in 1,000,000	✗
 LOTTO	£2 per week	1 in 45,100,000	✗
 EURO MILLIONS	£2.50 per week	1 in 139,800,000	✗

Plymouth Clearbrook House appears to be awash with lucky members. With no less than three jackpots in just over a year, plus other big prize winners, Plymouth seems to be riding a wave of fortune.

Lin, a recent £10,000 winner from Plymouth, tells us about her win.

"I joined HASSRA during my induction to what was then the Child Support Agency in 2005, also joining the HASSRA Lottery at the same time. I originally had two tickets per month and then increased it to the crazy amount of five tickets.

I love HASSRA with the outings, competitions, activities and offers. I have taken advantage of discounted cinema tickets and lots of shopping trips. But until now, I had never had a win on the Lottery.

It was 3rd January, my first day at work after the New Year when I received the email. It started with stunned silence followed by counting the noughts to double check the amount and ended with a call to my husband to come and read it for me.

I was absolutely delighted and am happy to report that the money has been spent wisely on a luxury holiday to Naples in September, a girly mini break with my lovely friend in February and a local tribute fest treat for my grown-up children.

I would recommend the HASSRA Lottery to everyone. You never know when your numbers could come up."



FIND OUT MORE AND GET YOUR TICKETS AT **HASSRA LOTTERY**

Visit HASSRA Lottery for full details.

Let's go the extra mile together, it's FREE plus you could win an Apple Watch!

As a HASSRA member why not sign up to take part in the Charity for Civil Servants' Mega Miles Challenge this May. You can join a community of people strolling, walking, jogging, and even running, to support colleagues that need our help right now.

Every mile matters and every penny raised will help fellow civil servants through tough times.

Together, let's see how far we can go!



As a wellbeing officer at DWP, Sharon, who is also a HASSRA member, knows the importance of community spirit, especially when it comes to helping the most vulnerable...



"I always talk about the importance of getting outside, doing some exercise and having a break away from your desk, especially as the type of work we do can be quite stressful.

I think the Mega Miles Challenge goes hand in hand with that. For me, it's power of friendship and giving something back, it's really important to me."

Sign up for the Mega Miles Challenge before 1 May and join Sharon and countless others across the Civil Service as they get involved to help colleagues in need.

You'll also be in with a chance of winning an Apple Watch worth £399!

There are two up for grabs thanks to the generous support of the Civil Service Insurance Society.












T&Cs apply.

Charitable Fundraising

As always HASSRA Clubs and their members have been busy and imaginative raising funds for charity in a variety of different ways and in doing so have raised an absolutely fabulous **£122,655 in 2023** – a massive well done to everyone out there who has contributed in some way – it's a fantastic achievement.

In particular, HASSRA North West deserve a mention for their staggering success in raising over £26k for various good causes throughout the year.

Here are the fantastic regional totals raised in 2023.

 HASSRA Yorkshire & The Humber £17,018.36	 HASSRA West Midlands £9,823.23	 HASSRA Wales £6,554.15	 HASSRA South West £8,030.72
 HASSRA South East £11,453.96	 HASSRA Scotland £15,506.34	 HASSRA North West £26,147.78	 HASSRA North East £14,947.07
 HASSRA London £4,256.04	 HASSRA East of England £4,519.03	 HASSRA East Midlands £6,389.38	

Charities who benefited from HASSRA include Macmillan, Children in Need, The Poppy Appeal, Wythenshawe Neo-Natal Unit, Charity for Stray Dogs, Rachel House and Knights Templar Charity Cowdenbeath.

There are more ways to support charities than by direct donations. HASSRA Trafford Quays provided funds for their members to purchase supplies to knit baby blankets and make cakes which they then sold to raise funds for charity.

As well as donating money, our members in Grangemouth and Cowdenbeath for example have provided clothing, selection boxes and food to support good causes particularly for children in deprived areas.

Please keep doing what you have been doing – the charities really appreciate your efforts and generosity.

We also want to shout about your efforts from the rooftops, so please get in touch at hassracommunications.andmarketing@dwp.gov.uk to tell us what you have been up to in the name of charity!

HASSRA Development Fund

The HASSRA Development Fund is here to help you achieve your best in your chosen activity and has funds to help you overcome financial barriers to accessing your activity and making progress.

The fund is available to assist HASSRA members with a wide range of activities in the following categories:

Sports & Leisure – developing skills in your chosen activity where you can show you have an existing interest and potential to go on and do more. Examples in this category include sports (including coaching and refereeing), arts and crafts.

Volunteering – developing your potential to serve HASSRA or your local community where you can show you have an existing interest and potential to go on and do more. Examples in this category include life skills coaching, youth worker, scout or guide leader, and so on.

With additional funding provided by the CSiS Charity Fund, members who consider themselves to be disadvantaged or to have a disability may apply under the above categories for help to take up a new activity or to realise their potential in an existing activity.

Over 1,500 members have applied for funding so far with applicants achieving success at all levels, demonstrating HASSRA's commitment to both non-disabled and disabled members throughout the Association.

Phil Prjanikov, tells us how the Development Fund has helped him:

"The support of the HASSRA Development Fund came as a massive help as I made my way to Florida to represent England at the 2023 Footgolf World Cup, along with my wife Debi as my nominated caddy.

Previous funding from HASSRA allowed me to attend more competitions in the lead up to the World Cup and this support helped me to qualify for the national squad representing England in Florida 2023.

I was introduced to Footgolf at a HASSRA event by Andrew 'Sensei' McCourt and have been hooked ever since. It's a hobby/sport that has given me something to focus on after stopping playing football.

With HASSRA's support I have been able to develop as a foot-golfer from a local HASSRA participant to a World Cup player. HASSRA's funding has helped massively on my journey.

The best thing is anyone can also share this journey, I am nowhere near one of the best players out there, but I strive to keep improving and the Development Fund helps me do just that. I would encourage all members to see how the Fund can help them."



Visit **HASSRA Development Fund** for full details.

GET READY FOR SUPER SUMMER SAVINGS!

The HASSRA Summer Promotion - coming soon

Back by popular demand, the **HASSRA summer ticket promotion** will give members the opportunity to make huge savings on selected attractions throughout the UK this summer.

Tickets will be on sale at special offer prices from 1st June until 31st August 2024.

There will be some attractions that are firm HASSRA favourites that you are familiar with. However, this year we are introducing a number of new offers such as Dynamic Earth, Flambards, Hertfordshire Zoo (formerly Paradise Wildlife Park) and Landmark Forest Adventure Park.



HASSRA BUDDY DRAW

HASSRA is once again delighted to offer all new and existing members the opportunity to win cash prizes. By recruiting a colleague who isn't already a HASSRA member, both the current and the new member will be entered into the cash prize draw. Existing members will receive an entry for each new member they refer - with no limit on the number of entries. So the more new members you recruit, the more chances you have of winning!

Entry into the Buddy Draw shall be deemed to represent full acceptance of the [rules and conditions of the draw](#).



There are 200 prizes of £50 up for grabs - 100 for new members and a matching prize for the member who recruited them. Check out our latest [HASSRA video on YouTube](#), showing the highlights of HASSRA membership. You can find further tools on the [Marketing Materials](#) page to showcase HASSRA to your colleagues!



In addition to the individual Buddy Draw prizes, clubs around the country will be competing for the HASSRA Best Recruitment Trophy. Representatives from the winning club will be invited to take centre stage at next year's Major Awards Dinner at the University of Warwick to receive their prize. So, along with the other HASSRA colleagues in your club, get recruiting as many new members as possible now!



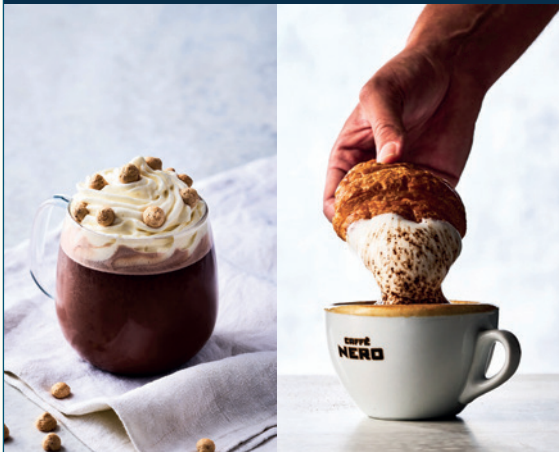
All new members must complete the [online application form](#) and must include the name and the office location of the recruiting member in the box on the bottom of the form. This information is essential to ensure you are both included in the draw. Closing date for eligible applications is 31st May 2024.



**FREE MEMBERSHIP
FOR ALL HASSRA MEMBERS**

**Enjoy 25% off barista made drinks
all day, everyday.**

With discounts at 3500+ coffee shops, morning cuppas, catch-ups with friends, and well-earned breaks are always cheaper with the UK's largest coffee club.



SAVE OVER £350 A YEAR ON AVERAGE

Cash for Clubs

£75 to start - then up to £100 per month!

It's not until you run your first online event or competition that you really see how easy it is from start to finish. You'll no longer have to worry about replying to lots of emails or undertaking membership eligibility checks, as HASSRA Live can do all this for you. Once you launch a competition, you can leave it running until the closing date and HASSRA Live will even check for correct answers and do the random draw to find your winners.

You can also be sure that these events are safe, secure and genuine and you will receive notifications direct from HASSRA Live when you win a prize!

It's important that all events are recorded on HASSRA Live to enable us fully understand participation levels. As way of an incentive, any club that successfully launches their first competition or event using HASSRA Live between now and 30th June 2024 will receive a cash bonus of £75 into their club account.

In addition to this, we want to encourage ongoing engagement with our fantastic online system. So any club that has already benefited from the initial £75 reward can also receive an additional £25 for further competitions or events launched before the end of June, up to a maximum of 4 per month.

We want all our clubs to take up this opportunity and then consolidate your learning as quickly as possible. This will hopefully lead to increased engagement on HASSRA Live by both volunteers and members.

We are here to support you throughout.

Please contact the **HASSRA Live Help Desk** for more information.

KEEPING YOU Informed...

The hardest nut to crack in any organisation is without a doubt "Communication" Here at HASSRA we have a variety of channels to make sure you don't miss out on all the great offers and discounts – especially with the current cost of living challenges we are facing – who doesn't like a bargain?

To keep things current, we have added a new WhatsApp Channel to our social media portfolio which already includes Instagram, Flickr, YouTube, X (formerly Twitter) and Facebook. It's a one-way channel for us to send you HASSRA News straight to your device – which you always have with you, so you won't miss out! There are already 2.5k followers – so sign up and stay in the know.



Follow us now on our new WhatsApp Channel

We are also very excited about our latest development on HASSRA Live – Message Boards. An interactive platform for members to get involved and share ideas in your region and with HASSRA members across the country in real time. After a short period of testing, Message Boards will be available to all members in every region.

As always if you have any HASSRA queries – remember to contact us via our [Help Desk](#) which remains available 24-7 to support you.

HASSRA Live Help Desk



tastecard
HASSRA
Living Life

ONLY £10 FOR A 12-MONTH MEMBERSHIP

Do more of what you love for less

Tuck into 2 for 1 meals or 25% off the total bill at big name chains and 1000's of local restaurants.

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Frankie & Benny's

CHIQUITO

Zizzi

Krispy Kreme DOUGHNUTS

Pizza Hut

Beefeater Since '74

BURGER KING

BLACK SHEEP COFFEE

Brewers fayre

MARSTONS

ASK ITALIAN

Save an average of £23 per meal.

AHOY SAILORS

- Fred Olsen Cruise Offer

In partnership with Fred Olsen Cruises, HASSRA is delighted to offer members a group discount for a European Cities Christmas Market Cruise. The ship departs from Southampton on Monday 16th December 2024, for six nights to Antwerp and along the Seine to Rouen aboard the Balmoral.

Prices start from just £659 per person and full details of the itinerary can be found here [Fred Olsen Christmas Market Cruise](#).

To ensure the discounted rates, we do need to reach a minimum level of bookings and with that in mind, we are asking members to express an interest only at this stage. If the group booking threshold is met – those interested will be provided with a discount code to present to the tour operator when making the booking.

For full details about the offer and to express your interest, [use this link](#) to view the information on HASSRA Events.

Expressions of Interest must be completed by Sunday 2nd June and if you would like to find out more, please e-mail: hassracommunications.andmarketing@dpw.gov.uk

FIND
OUT
MORE



Fred. Olsen
Cruise Lines

Leaving or Retiring?

Did you know you don't have to end your subscription to **HASSRA** if you leave the department or retire?

You can still enjoy our first-class offers and discounts package by simply retaining your membership.

So, sit back and relax and continue to enjoy all the benefits, including:

- **Big savings** on cinema and homestreaming products
- Exclusive access to the **HASSRA Lottery** paying out **£756,000** in cash prizes annually
- Lots of online events on **HASSRA Live** with the chance to win prizes
- Savings on theme park and attraction tickets
- **Half-price tickets** on family days out during the **HASSRA Summer Promotion**
- Free competitions and giveaways with prizes throughout the year
- Discounted **FULL** membership for English Heritage and Cadw
- A massive programme of national and regional sports and leisure activities
- Discounts on UK and European family holidays, including airport parking
- A network of local office and activity clubs

West Midlands Wonder

HASSRA West Midlands has certainly lived up to its strapline, Great days out and savings with HASSRA, with members saving a whopping £40k from various regional offers.

The financial climate is a challenge to everyone and HASSRA West Midlands has strived to ensure members achieve exceptional value for money for their monthly subscription of only £2.45.

In response to feedback, and as a recruitment tool, they put a Cash Back Scheme in place. This achieved individual savings for members of up to nearly £40 on things that were important to them such as:

- Harry Potter World and Cadbury World
- Sporting Events
- Theatre Tickets
- Spa Days
- BBC Good Food Shop
- National Trust

Theatre shows were hugely popular and HASSRA West Midlands discounted 10 shows saving members £22,000 and our members also purchased over 11,000 subsidised Cinema Tickets saving a further £13,500.

Gareth Niblett who is a HASSRA West Midlands member based in Shrewsbury said,

"The savings HASSRA West Midlands has offered over the past year have been fantastic. I've taken advantage of several, saving £17.50 on the Sports cashback and £42.50 on the Theatre cashback. In addition, we went to 3 theatre productions which HASSRA West Midlands organised at the Hippodrome Theatre in Birmingham and saved £82 on the 6 tickets purchased."



Are you getting the most out of your membership?
Get in touch and let us know what your region has done for you.

BE IN IT TO WIN IT!

HASSRA has teamed up with **Virgin Wines** to give you the chance of winning a superb 12 bottle selection of luxurious mixed wines worth almost £140.

- 2 x Suela Roja
- 2 x Tall Gum Shiraz Cabernet
- 1 x Florel Reserve Malbec
- 1 x L'Impression Rouge Vin De France
- 1 x Le Zeitgeist Sauvignon Blanc Vin De France
- 2 x Vitalita delle Venezie DOC Pinot Grigio
- 2 x Billy Bosch Highwire Chenin Blanc
- 1 x El Zumbido Viura

And if you miss out on first prize, there are 20 more chances to win a fantastic mixed case of Premium 6 Bottles.

*Just correctly answer the following multiple-choice question at **Virgin Wines 2024***

Q: 2025 will see HASSRA reach a milestone birthday, but which one is it?
a) 70 b) 80 c) 90

Good luck!

