Activity	Category	Name of Winner	Region	Name of Runner up	Region
Activity Alliance Various activi	ties - no competition				
Archery	Winner	Lorraine Burrow	Fylde	Zoe Jones	East Mids
	Team Winners	Lorraine Burrow and Iain Watson	Fylde	Zoe Jones & Ben Everitt	East Mids
	Plate (unofficial)	Pauline Hatton	West Midlands	Karl Rollinson	Y&H
Badminton	Mens Doubles Winners	Murray Wright and Simon Bamber	North East	David Hopkins & Jaime Werboweckjy	Y&H
	Ladies Doubles Winners	Nicola Bibby and Helen Bamber	North East	Julie Adderley & Norma Lewis	London
	Mixed Doubles Winners	Helen Bamber and Simon Bamber	North East	Nicola Bibby & Murray Wright	North East
Coarse Angling	Individual Winner	Brian Malyn	South East	lan Boyd	North West
	Regional Team Winner	lan Brown	North West	Michael Neary	Scotland
		Alan Turner		Graham Jasnosz	
		lan Boyd (EM)		Gary Smith	
Footgolf	Mens Winner	Jose Miguel Rodriguez Barrera	Scotland	Tied between Derek Brown (Wales) and	l d Mohammed Iqbal Ali (Y&H)
	Ladies Winner	Sarah Walkinshaw	Scotland	Janine Crosby	Y&H
General Knowledge Quiz	Regional Team Winner	Rob Zorlakki	South East	Richard Humm	London
		Damon Flynn		Fergus Hartford	
		Derek Hall		Phil Brown	
		Michael Leonard (WM)		Susanna Fantoni	
Give us a Clue	Regional Team Winner	Tracy Potter	East Midlands	Christopher McDermott	Fylde
		Kerry Sharpe		Christopher Williamson	
		Emily Milasinovich		Simon Jowitt	
Gym Based Triathlon	Mens Winner	Luke O'Neill	South West	Sukh Toor	West Mids
	Ladies Winner	Mary Struthers	South East	June Fenwick	North East

Men's 5-aside Football	Regional Team Winner	Abdullah Ghodawala	East Midlands	Zishaan Bhatti	Y&H
		Hamzah Lunat		Danyaal Ahmed	
		Mohammed Shohan		Hassam hamid	
		Asif Sattar		Shiraz Data	
		Feroz Takolia		Usmaan Razaq	
		Mo Master		Asim Hussain	
		Yusuf Eliyas			
	Regional Team Winner	Rachel Cain	South West	Nicki Stowe	 Y&H
Mixed Rounders		Hayley Ranachan	South West	Shoaib Babar	
		Sara Ball		Tina Baines	
		Andrew Prior-Sankey		Mona Shiekh	
		Toro Everett		Teresa Lyon	
		Marianne Glover		Atiya Aswat	
		David Earp		John Woods	
		Michelle Wade		Nick Atrill	
		Louise Doherty		Steve Rotherham	
		David Trott		Jon Trower	
		Tina Earp		Kelsey Jones	
Music	Contemporary Voice	Fay Evans	East of England	Maria Watch	West Mids
	Instrumentalist	Ruth Filipo	West Midlands	Rebecca Blessing	Y&H
Squash	Mens Winner	Paul Atkinson	Wales	Imran Bashir	West Mids
	Ladies Winner	Sian Hughes	Wales	Rosalie Thomson	North East
Tennis	Mens Doubles Winners	Ian Hartley and Matt Gibson	North West	Stuart Collins and Alan Williams	London
	Ladies Doubles Winners	Lorraine Cockell and Clare Heath	East Midlands	Jennifer Barr & Carol Sheehan	North West
Wild Swimming - no competition					